# Premium package

# For senior citizens (age 71-80)



If you do not like limitations and expect healthcare tailored to your individual needs and expectations, the Premium Package is the perfect option for you. It will provide you with access to appointments and consultations with specialists, as well as a broad range of diagnostic, preventive tests and examinations, imaging scans and outpatient procedures. Moreover, your medical package will include home visits, physiotherapy and medical insurance when you travel abroad. Your Individual Patient's Assistant will take care of everything.

Payment options	Amount of instalment
Payment in 12 instalment (monthly)	1 086,00 PLN
Payment in 4 instalments (every 3 months)	3 174,00 PLN
Payment in 2 instalments (every 6 months)	6 230,00 PLN
Lump payment	11 869,00 PLN
Monthly rate in a case of annual payment	989,00 PLN

The contract is concluded for 12 months



luxmed.pl

# Premium Package:

Scope of medical care	
Telephone Medical Assistance	•
Online Cconsultations	•
Healthcare specialists consultations	•
Healthcare specialists consultations (37)	•
Dietician consultations – option II	•
On-duty physician consultations	•
Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist	•
Influenza and tetanus vaccinations	•
Nursing procedures	•
Outpatients procedures (96)	•
Laboratory test panel (no referral needed)	•
Laboratory and imaging diagnostics (824)	•
Allergy tests	•
Physiotherapy - option III	•
Preventive health check – option II	•
Home visits	•
Professor consultations	•
VIP Patient's Personal Assistant	•
Dentistry – option III	•
Second Medical Opinion	•
Insurance against medical treatment cost during travel	•
LUX MED Hospital Insurance – Coordination	•
10% discount on other services offered by LUX MED and Medycyna Rodzinna	•
10% discount on medical procedures provided in PROFEMED	•
Access to LUX MED Group's (LUX MED and Medycyna Rodzinna) own facilities listed at www.luxmed.pl	•
Nationwide network of partner facilities listed at http://www.luxmed.pl/placowkiwspolpracujace	•
The detailed list of services which are the part of the Package is defined in Detailed definitions of services.	1

\* The detailed list of services which are the part of the Package is defined in Detailed definitions of services. The presented table is only a dictionary of services available in the Package



# **Detailed definitions of the services**

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#### **Telephone Medical Assistance**

The Telephone Medical Assistance is a Healthcare service provided by the healthcare organisation LUX MED in situations requiring urgent advice, through IT or telecommunication systems. The service includes the possibility of receiving Telephone Medical Assistance provided by medical specialists (physicians, nurses) in the scope of internal medicine/family medicine/paediatrics/nursing using the LUX MED's nationwide infoline, 24 hours a day.

In medically justified cases, a medical specialist may refer the Patient to an outpatient medical consultation, decide to call an ambulance, or refer the Patient for urgent admission to the Hospital Emergency Department.

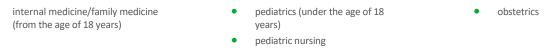
Note: No e-Prescriptions for vaccines, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) and no referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Telephone Medical Assistance. The provision of services in the form of Telephone Medical Assistance is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Telephone Medical Assistance. The Patient cannot make Telephone Medical Assistance service available to other individuals. The Patient bears full civil and criminal liability for the fact that the data provided are consistent with the facts. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance is at the discretion of the physician who may refuse to issue an e-Prescription/e-Sick Leave, based on medical indications and the Patient's welfare.

### Online Consultations

The Online Consultation is a Healthcare service provided by the healthcare organisation LUX MED through IT or communication systems. LUX MED enables the Patients an interactive individual consultation with a medical specialist (doctor, midwife or nurse) via means of distance communication i.e. the Patient Portal. The Patients with full access to the Patient Portal may benefit from Online Consultations. Time accessibility of Online Consultations with a doctor, a midwife and a nurse is a consequence of the schedule of medical specialists and is visible under "Online Consultation" ("Konsultacje online") tab. The Patient can choose a communication channel: video, audio or text.

Since medical specialists answering questions have access to the medical records of the Patient, in situations of medical necessity, they can order specific tests or refer the Patient to a different specialist. Online Consultation is exclusively available for the Patient who has logged in the Patient Portal and the content of Online Consultation is saved and constitutes a part of the medical documentation of the Patient. Online Consultations include listed below medical specialists consultations which do not require contact with a specialist in person.

The service covers Online Consultations in the following scope:



Note: Online Consultation with a specialist does not replace an outpatient consultation because it does not enable direct examination. In order to use the Online Consultation, the Patient after logging into the account on the Patient Portal in the "Online Consultations" tab sets himself in the queue waiting to use the service. The provision of services in the form of Online Consultations is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Online Consultations. The Patient and criminal liability for the fact that the data provided are consistent with the facts.

Within the Online Consultations the Patient receives a Healthcare service, and as a part of that service may be issued: a referral for diagnostics, a referral to another specialist for the purpose of obtaining another Telemedicine Advice or a referral to another specialist in order to obtain a Healthcare service as part of an outpatient service, an e-Prescription for drugs for the continuation of chronic treatment, a de novo e-Prescription based on medical records and medical indications arising in the course of a Online Consultation, or a medical certificate for medical indications. In medically justified cases, while carrying out Online Consultation, a medical specialist may refuse to give advice at a distance and refer the Patient to an outpatient consultation with a doctor, a nurse or a midwife. No e-Sick Leaves and referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Online Consultations. The final decision to issue an e-Prescription during Online Consultation is at the discretion of the physician who may refuse to issue an e-Prescription based on medical indications and the Patient's welfare. No e-Prescription for during, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) are issued during Online Consultation.

# Healthcare specialists consultations

The service covers unlimited consultations in outpatient Medical Facilities indicated by LUX MED in the following situations: an illness and emergency medical assistance.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

Internal medicine

Family doctor

Note: The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor).



# Healthcare specialists consultations

The service covers an unlimited access to consultations with physicians in outpatient Medical Facilities indicated by LUX MED in such cases as onset of an illness, emergency medical assistance and general medical advice. Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

Visits without a referral relate to consultations within the following scope:

- allergology
- anaesthesiology
- angiology
- audiology
- . balneology and physical medicine
- general surgery
- vascular surgery
- surgical oncology
- infectious diseases
- dermatology
- diabetology
- endocrinology
- phlebology

- phoniatry
- gastroenterology
- geriatrics
- gynaecology
- gynaecological endocrinology
- gynaecologic oncology
- haematology
- hepatology
- hypertension therapy
- immunology
- cardiology
- laryngology
- travel medicine

- nephrology
- neurosurgery
- neurology
- ophthalmology
- oncology
- orthopaedics
- proctology
- pulmonology
- rheumatology
- medical rehabilitation
- urolog

# **Dietician consultations - option II**

The service entitles the Patient to attend without a referral dietary consultations, including interview, dietary recommendations (without creating an individual diet) in outpatient Medical Facilities indicated by LUX MED.

#### 24 **On-duty physician consultations**

The service includes exclusively basic emergency assistance in a sudden onset of an illness or in injuries requiring initial dressing which have occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended).

The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope (provided that the consultations are available in the facility):

- Internal medicine •
- Family doctor Patients over 18 years of age, additionally (if the consultations are available in the clinic):
  - general surgery

orthopaedics

### Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist

The service entitles the Patient to attend a total of 3 consultations within a 12-month term of the agreement in outpatient Medical Facilities indicated by LUX MED, within the following scope:

Visits without a referral relate to consultations within the following scope:

psychiatry .

sex therapy

- - andrology

speech therapy

• psychology

Note: This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.

### **Professor consultations**

The service entitles the Patient with a referral issued by a physician from an outpatient Medical Facility indicated by LUX MED to use the consultations of physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as

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well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor). The service (if available in outpatient Medical Facilities indicated by LUX MED) covers the same range of consultations which the Patient is entitled to on the grounds of the Agreement within the Specialists consultations in options: basic, basic - with co-payment, I, I - with co-payment, I plus, I pus- with co-payment, III or IV.

## Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

#### Nursing procedures include:

Outpatient nursing procedures:

Intravenous injection

- Subcutaneous/intramuscular injection
- Emergency drip administration
- oral medicine administration in emergency cases
- Body temperature measurement (no referral needed)
- Placement/change/removal small dressing
- Blood drawing

- Blood pressure measurement (no referral needed)
- Height and body weight measurement (no referral needed)
- Office-based midwife service palpation of the breast

Note: Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient

### + Outpatient procedures

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

#### **Outpatient procedures include:**

Outpatient general medical procedures:

Blood pressure measurement

#### **Outpatient surgical procedures:**

- Suturing of a wound up to 1,5 cm
- Surgical tick removal
- Non-surgical tick removal
- Placement/change/removal small dressing (not requiring surgical debridement)
- Removal of another foreign body without incision
- Suture removal in a treatment room after procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on

#### Outpatient laryngological procedures:

• Eustachian tube examination, insufflation

• Height and body weight measurement

the LUX MED doctor's assessment (we do not remove stitches after childbirth)

- stitching a wound of up to 3 cm (in emergency situations requiring immediate help);
- Removal of a boil / small skin abscess (up to 2 cm).
- Classical surgical excision of a skin lesion of up to 1,5 cm due to medical indications (does not include lesions excised due to aesthetic, plastic indications) with standard histopathological examination – specimen from the skin lesion removed
- Catheterisation of the Eustachian tube
  - Ear irrigation

- Non-surgical tick removal
- Skin procedure removal of a foreign body, with wound debridement (removal of a foreign body from the skin with wound debridement)
- Sampling of skin tissue for specialist examination
- Wound cleansing / excision
- Skin procedure incision of haematoma / abscess, with drainage
- Nail surgery cleaning / removal
- Ingrown nail procedure (onychoplasty) – bilateral
- Ingrown nail procedure (onychoplasty) – unilateral
- Removal of a foreign body from the nose/ear
- Simple laryngological dressing



Incision of the lingual frenulum in

Incision of auricular haematomas

Incision of haematomas of the

Cryosurgery (does not include

Closed reduction of the nose

obliteration of varicose veins at

Standard\* intraocular pressure

Standard\* stereoscopic vision

(refers to: Patients over 18 years

Placement/change/removal - small

Adjustment of small orthopaedic

Dessault type immobilisation

Placement of a jacket type

traditional plaster cast

Aesthetic electrotherapy

Dermatological procedure -

dermatological procedure 7 to 10

Lacrimal duct irrigation

the oral cavity

nasal septum

Sinus puncture

snoring therapy)

the base of tongue:

Pretz sinus rinse

measurement

examination

of age)

dressing

devices - big joints

(small/large)

Sinus rinse

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- Coagulation of blood vessels of the nasal septum
- Electrocoagulation of blood vessels of the nasal septum
- Nasal tamponade removal
- Bilateral dressing of nasal hemorrhage
- Unilateral dressing of nasal hemorrhage
- Suture removal in a treatment room after laryngological procedures performed in outpatient Medical Facilities

#### Outpatient ophthalmologic procedures:

- Standard\* ocular fundus examination
- Corrective lens selection (excludes varifocal lenses)
- Gonioscopy (iridocorneal angle assessment)

#### Outpatient orthopaedic procedures:

- Adjustment of small orthopaedic devices - small joints
- Reposition of a dislocation or • fracture
- Preparation: traditional cast tape
- Intra-articular injection and periarticular injection

#### indicated by LUX MED

- Suture removal after laryngological procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor's assessment;
- Nasal administration of mucosashrinking medicine as needed
- Application/change/removal of a drain in the ear canal
- Laryngeal clysis
- Removal of a foreign body from the eve
- Visual acuity examination
- Standard\* autorefractometry
- Medicine instillation into the conjunctival sac
- Intra-articular puncture taking sample material for examination
- Plaster cast application
- Lower limb plaster cast removal
- Upper limb plaster cast removal
- Intra-articular and peri-articular block:

#### Outpatient dermatological procedures (do not include lesions removed due to aesthetic, plastic indications):

- Standard\* dermatoscopy
- Dermatological procedure PUVA • lamp
- Dermatological procedure cutting and coagulation of skin fibromas
- **Outpatient gynaecological procedures:** 
  - Standard\* sample collection for . Pap smear
  - Removal of an intrauterine contraceptive device

#### **Outpatient allergological procedures:**

Desensitisation with allergist consultation •

#### Anaesthesia

- Local (infiltration or permeation) anaesthesia
- Simple anaesthesia for colonoscopy

Aesthetic electrotherapy dermatological procedure 1 to 6

Aesthetic cryotherapy

- Aesthetic cryotherapy dermatological procedure 7 to 10 lesions
- Insertion of an intrauterine contraceptive device
- Cervical and vulvar procedures by cryocoagulation
- Cervical procedures by cryocoagulation - cervical erosion treatment

- Simple anaesthesia for gastroscopy
- Local (topical) anesthesia for endoscopy

#### Biopsy with standard histopathological examination - fine-needle biopsy material / core-needle biopsy material:

- Fine-needle biopsy skin / subcutaneous tissue
- Fine-needle biopsy-breast
- Fine-needle biopsy salivary gland •
- Fine-needle biopsy thyroid gland
- Fine-needle biopsy lymph nodes
- Core biopsy of the prostate under ultrasonographic guidance

- dermatological procedure 1 to 6 lesions
- lesions
- curettage/destruction of skin lesion

lesions



#### Other

- Foley catheter removal
- Performing an enema
- Foley catheter application
- Removal of a polyp up to 1 cm during colonoscopy
- Removal of a polyp up to 1 cm during gastroscopy
- Note: Medical materials and products, such as: traditional and synthetic plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.



As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin). The service includes:

- Medical consultation before
   Vaccine (the medicinal product)
   vaccination
- Performance of a nursing service (injection).

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED.

Additional recommended preventive vaccinations

The service is available within the additional prophylaxis of infectious diseases in outpatient Medical Facilities indicated by LUX MED, following referral issued by a physician of the abovementioned Clinic. The service covers the following vaccinations (this also refers to combination vaccines) against:

• Tick-borne encephalitis

Hepatitis A

- Hepatitis A and B
- Rubella, mumps, measles

#### The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).

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#### Laboratory test panel (no referral needed)

The service is only available for the Patient over 18 years of age and is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

- Urine general analysis
  - Blood count + platelet count + automated smear
- Total cholesterol
- Fasting glucose

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• Standard\* Pap smear

# Laboratory and imaging diagnostics

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited. All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities indicated by LUX MED, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

INR / Prothrombin time

Thrombin time – TT

D – dimers

Fibrinogen

APTT

#### Laboratory diagnostics:

Haematology and coagulology tests with taking test samples (blood):

- Absolute eosinophil count
- Blood count + platelet count + automated smear
- ESR
- Manual blood smear
- Platelets

#### Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

CRP quantitative

• GPT/ALT transaminase

- S protein free
- Antithrombin III
- C protein activity
- Factor V Leiden PCR method
- GOT/AST transaminase



- Amylase
- Albumins
- Total protein
- PAPP a protein
- Total bilirubin
- Direct bilirubin
- Chlorides (Cl)
- Cholesterol
- HDL cholesterol
- LDL cholesterol
- Directly measured LDL cholesterol
- CK (creatine kinase)
- LDH Lactate dehydrogenase
- Alkaline phosphatase
- Acid phosphatase
- Phosphorus (P)
- GGTP
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- Fasting glucose
- Glucose 120'/120' after a meal
- Glucose 60'/60' after a meal
- Glucose 75 g, 4-hour glucose challenge test
- Glucose 75 g, 5-hour glucose challenge test
- Creatinine
- Uric acid
- Lipid profile (CHOL, HDL, LDL, TG)
- Magnesium (Mg)
- Urea/blood urea nitrogen, BUN
- Potassium (K)
- Protein profile
- Sodium (Na)
- Triglycerides
- Calcium (Ca)
- Iron (Fe)
- Immunoglobulin IgE (total IgE)
- Immunoglobulin IgA
- Immunoglobulin IgG
- Immunoglobulin IgM
- Folic acid
- Vitamin B12
- TIBC total iron binding capacity (alternative to Fe saturation)
- Iron / Fe 120 mins after administration (absorption curve)
- Iron / Fe 180 mins after administration (absorption curve)
- Iron / Fe 240 mins after administration (absorption curve)
- Iron / Fe 300 mins after administration (absorption curve)
- Iron / Fe 60 mins after administration (absorption curve)

Serology tests and infection diagnostics with taking test samples (blood):

Ferritin

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Caeruloplasmin

- Transferrin
- Thyroglobulin
- Apolipoprotein A1
- Lipase
- 17 OH Progesterone
- Aldosterone
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration MCP 1 tablet
- Prolactin 30' after administration of MCP 1 tablet
- Prolactin 60' after administration of MCP 1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG
- LH
- Progesterone
- Testosterone
- Fee testosterone
- AFP alpha-fetoprotein
- Free PSA
- Total PSA
- CEA carcinoembryonic antigen
- CA 125
- CA 15.3 breast cancer antigen
- CA 19.9 digestive cancer antigen
- CA 72-4 colon tumour marker
- Alpha-1 antitrypsin
- Alpha-1 acid glycoprotein (Orosomucoid)
- Androstendione
- β2 microglobulin
- Caeruloplasmin
- Cholinesterase
- Blood-cell cholinesterase / Bloodcell acetylcholinesterase
- CA 21-1 lung tumour marker
- Zinc
- Dehydroepiandrosterone (DHEA)
- DHEA S
- Zinc protoporphyrin (ZnPP)
- Erythropetin
- Free estriol
- Prostatic acid phosphatase
- Alkaline phosphatase bone fraction
- Gastrin
- Haptoglobin
- Hb A1c Glycated haemoglobin

Homocysteine

(ACTH)

IGF – BP 3

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Adrenocorticotropic hormone

Insulin – 1 hour after 75 g glucose

Insulin – 2 hours after 75 g glucose

Insulin – 3 hours after 75 g glucose

Insulin – 4 hours after 75 g glucose

Insulin – 5 hours after 75 g glucose

Growth hormone (GH)

Insulin / Insulin 120'

Insulin / Insulin 60'

Fasting insulin

ingestion

ingestion

ingestion

ingestion

ingestion

**BNP** 

CK – MB activity

CK – MB mass

NT pro – BNP

Creatinine clearance

Parathyroid hormone

Vitamin D3 - 1,25 (OH)2

Somatomedin – (IGF – 1)

Osteocalcin (bone formation

Occult iron binding capacity (UIBC)

Vitamin D3 – 25-OH metabolite

PSA panel (PSA, FPSA, FPSA / PSA

SCC - squamous cell carcinoma

Kappa light chains in serum

Lambda light chains in serum

NSE - Neuro-specific enolase

Calcitonin

Myoglobin

marker)

C-peptide

metabolite

Total T3

Total T4

index)

antigen

Cystatin C

ACF

TPS

\$100

Apo A1

Aldolase

Leptin

Macroprolactin

Renin activity of plasma

BRCA1, method: PCR

SHBG

Reticulocytes



- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF Rheumatoid Factor quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening
- Immune antibody screening / alloantibodies (replaces anti-Rh /-/ antibodies)
- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM
- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies
- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- HBc Ab IgM
- C1 inhibitor
- C1 inhibitor (activity)
- Complement component 3 (C3)
- Complement component 4 (C4)
- Anti-HAV IgM
- Anti-HAV total
- Lupus anticoagulant
- Echinococcosis (Echinococcus granulosus) IgG
- Borelia burgdorferii, method: Qualitative PCR
- Borreliosis (Lyme disease) IgG
- Borreliosis IgG Western-blot method (confirmatory test)
- Borreliosis (Lyme disease) IgM
- Borreliosis IgM Western-blot method (confirmatory test)
- Brucellosis IgG
- Brucellosis IgM

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- Ascaris lumbricoides (ASCARIS) IGG
- Cytomegalovirus (CMV), method: Qualitative PCR

- Cytomegaly IgG avidity test
- HBc Ab total
- HBe Ab
- Hbe Ag
- HBV, method: Quantitative PCR
- HBV, method: Qualitative PCR
- HCV, method: Quantitative PCR
- HCV, method: Qualitative PCR
  HPV (Human papillomavirus),
- method: Qualitative PCR swab
  HSV / Herpes 1 and 2 IgG –
- qualitative
- HSV / Herpes 1 and 2 IgM qualitative
- hsCRP
- Mycoplasma pneumoniae IgG
- Mycoplasma pneumoniae IgM
- FTA test
- TPHA test
- Measles IgG
- Measles IgM
- Varicella IgG
- Varicella IgM
- HLA B27 antigen assay
- Anti-neutrophil cytoplasmic antigen antibody ANCA (pANCA and cANCA), method: IIF
- Antibodies against striated muscles and cardiac muscle (myasthenia gravis), method: IIF
- Anti-nucleosome antibodies (ANuA) (IMMUNOBLOT)
- Anticardiolipin antibodies IgG
- Anticardiolipin antibodies IgM
- Anticardiolipin antibodies IgG and IgM
- Anti-liver kidney microsomal antibodies (Anti-LKM), method: IIF
- Anti-tGT (anti-tissue transglutaminase) IgA antibodies, method: ELISA
- Anti-tGT (anti-tissue transglutaminase) IgG antibodies, method: ELISA
- Anti-beta-2–glicoprotein I IGG antibodies
- Anti-beta-2–glicoprotein I IGM antibodies
- Anti-beta-2-glicoprotein IgG and IgM antibodies (total)
- Anti-CCP antibodies
- IgA antibodies to endomysium and gliadin (total), method: IIF
- IgG antibodies to endomysium and gliadin (total), method: IIF
- IgA and IgG antibodies to endomysium and gliadin (total), method: IIF
- Anti-phosphatidylinositol IgG antibodies
- Anti-phosphatidylinositol IgM antibodies
- Antibodies to adrenal cortex

- Anti-prothrombin IgG antibodies
- Anti-prothrombin IgM antibodies
- Anti-tGT (anti-tissue transglutaminase) IgG and IgA antibodies, method: ELISA
- Antibodies to pancreatic islets, pancreatic exocrine cells and goblet cells in intestines, method: IIF
- Coxackie antibodies
- Chlamydia pneumoniae IgA
   antibodies
- Chlamydia pneumoniae IgG antibodies
- Chlamydia pneumoniae IgM antibodies
- Antibodies to Castle's intrinsic factor and anti-parietal cell antibodies (APCA), method: IIF
- Antibodies to double-stranded / native DNA – dsDNA (nDNA)
- Endomysium IgA antibodies EmA IgA
- Endomysium IgG antibodies EmA IgG
- Endomysium IgG, IgA antibodies EmA

IgA anti-gliadin antibodies – AGA

IgG anti-gliadin antibodies – AGA

cytoplasmatic antibodies (ANA1),

Antibodies to myocardial cells

Anti-parietal cell antibodies

Anti-smooth muscle antibodies

Anti-mitochondrial antibodies

Anti-mitochondrial antibodies

Yersinia enterocolitica antibodies -

Yersinia enterocolitica antibodies -

Yersinia enterocolitica antibodies -

Liver panel antibodies - (anti-LKM,

anti-LSP, anti-SLA), method: IIF

Full liver panel antibodies (ANA2,

AMA, ASMA, anti-LKM, anti-LSP,

anti-SLA), method: IIF, DID

receptors (AChR-Ab)

method: Western blot

Anti-nuclear and anti-

method: IIF, DID

Antibodies to acetylocholine

Antibodies to TSH receptors

Anti-nuclear (including histone, Ku,

rib-P-Protein) antibodies (ANA3),

cytoplasmatic antibodies (ANA2),

 Anti-gliadin IgG and IgA (AGA) antibodies (total), method: IIF

Anti-nuclear and anti-

screening, method: IIF

(APCA), method: IIF

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(HMA)

(ASMA)

(AMA)

løG

**IgM** 

(TRAb)

(AMA) type M2

IgG, IgM, IgA (total)



Antibodies to Ascaris lumbricoides,

Anti-endomysial, anti-reticulin

Anti-endomysial, anti-reticulin

and anti-gliadin antibodies, IgG

Anti-endomysial and anti-reticulin

Anti-endomysial and anti-reticulin

EBV, method: Quantitative PCR

EBV, method: Qualitative PCR

Ureaplasma urealyticum, method:

Mycoplasma pneumoniae,

Tick-borne encephalitis IgM

Toxoplasma gondii, method:

Tyrosine phosphatase (IA2)

Chlorides / Cl in urine / 24-hour

Urine glucose and ketones

Coproporphyrines in urine

5-Hydroxyindoleacetic acid

in 24-hour urine collection (5 -

Hippuric acid in urine / 24-hour

Albumin/creatinine ratio

microalbuminuria in urine)

Kappa light chains in urine

Lambda light chains in urine

Bence–Jones protein in urine

17 - hydroxycorticosteroids in 24-

Chemical composition of renal

D-Pyrilinks (bone resorption

in urine (ACR) (former

Mercury/Hg in urine

Oxalates in urine

hour urine collection

Chlorides / Cl in urine

urine collection

Cadmium in blood

urine collection

ΗΙΑΑ)

.

Glutamic acid decarboxylase (anti-

method: Qualitative PCR

and anti-gliadin antibodies,

- Pertussis IgA •
- Pertussis – IgG
- Pertussis IgM
- Listeriosis qualitative •
- Parvovirus B19 IgG and IgM •
- PCR HSV herpes, qualitative
- Pneumocystosis IgG -• quantitatively
- Pneumocystosis IgM -• quantitatively
- Toxoplasmosis IgG avidity test
- Toxocariasis IgG (semiquantitative)
- Mumps IgG
- Mumps IgM •
- SLE semi-quantitative
- Syphilis serology FTA ABS confirmatory test
- Antibodies to dsDNA method: IIF
- Bile duct antibodies, method: IIF
- Anti-liver cytosol antibodies Type 1 (anti-LC1), method: Western blot
- Anti-reticulin antibodies (ARA) IgA, method: IIF

#### Urine tests with taking test samples (urine):

- Urine general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine urine / 24-hour urine • collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine .
- Magnesium / Mg in urine
- Magnesium / Mg / 24-hour urine • collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- 17 ketosteroids in 24-hour urine collection

Anti-reticulin antibodies (ARA) IgG, method: IIF

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lgG

lgA+lgG

IgA antibodies

IgG antibodies

Qualitative PCR

Trichinosis, IgG

Qualitative PCR

GAD) antibodies

antibodies

antibodies

- Anti-reticulin antibodies (ARA) IgA and IgG (total), method: IIF
- Anti-phosphatidylserine IgG antibodies
- Anti-phosphatidylserine IgM antibodies
- Antibodies to ovary antigen, method: IIF
- Antibodies against striated muscles, method: IIF
- Anti-glomerular basement membrane (GBM) antibodies and anti-alveolar basement membrane (ABM) antibodies, method: IIF
- Intestinal panel (antibodies to pancreatic exocrine cells and goblet cells in intestines, ASCA, ANCA), method: IIF
- Anti-Saccharomyces cerevisiae antibodies (ASCA) IgG, method: IIF
- Antibodies to pemphigus and pemphigoid, method: IIF
- Hemochromatosis, method: PCR
- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- urine collection
- Delta aminolevulinic acid (ALA) Delta - aminolevulinic acid (ALA)
- Potassium (K) urine/ 24-hour urine collection
- adrenaline) in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine
- Albumin in 24-hour urine collection
- Albumin / Albumins
- collection
- Amylase in urine

Nasal swab

culture

culture

Streptococcus GBS

Bence-Jones protein in urine

#### Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):

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- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab aerobic culture
- Ear swab - anaerobic culture
- Ear swab aerobic culture
- Eye swab aerobic culture

- - Vaginal swab anaerobic culture
  - Vaginal swab aerobic culture
  - Culture for GC (GNC) Vaginal swab
  - Wound swab
  - Wound swab anaerobic culture
  - Stool culture for SS
  - Vaginal microbiological test (vaginal biocenosis)

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- Calcium/Ca in urine / 24-hour
- in 24-hour urine collection
- Potassium (K) urine
- Catecholamines (noradrenaline.
- Cortisol in 24-hour urine collection

- Aldosterone in 24-hour urine

Nasal swab – aerobic culture

Nasopharyngeal swab - anaerobic

Nasopharyngeal swab - aerobic

Anal and vaginal swab culture for

calculus

marker)



- Semen culture aerobic •
- Sputum culture
- Endocervical swab
- Endocervical smear anaerobic culture
- Culture for GC (GNC) Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab •
- Urethral swab anaerobic culture
- Culture of human milk from left breast - aerobic
- Culture of human milk from right breast - aerobic
- Abscess content culture
- Abscess content anaerobic culture
- Urethral swab for GC (GNC) culture

#### Left ear seton – aerobic culture

- Faecal tests with taking test samples: Stool analysis
  - Faeces analysis for parasites, 1 assav
  - Faecal occult blood (FOB)

#### Cytology tests with taking test samples:

- Standard\* Pap smear
- Mycological examination -toenail fungal culture
- Mycological examination -fingernail fungal culture
- Mycological examination hair fungal culture
- Mycological examination skin fungal culture
- Mycological examination skin scraping fungal culture
- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi
- Sputum culture for yeast-like fungi
- Abscess content culture for yeastlike fungi
- Secretion culture for yeast-like • fungi
- Swab culture for yeast-like fungi
- Urethral swab culture for yeastlike fungi
- Pharyngeal / tonsil swab culture • for yeast-like fungi

#### Toxicological tests with taking test samples (blood):

- Digoxin
- Lead
- Carbamazepine
- Valproic acid •

- Right ear seton aerobic culture •
- Breast discharge aerobic culture
- Foreskin swab aerobic culture
- Furuncle swab
- Gingival swab aerobic culture
- Tongue swab aerobic culture
- Laryngeal swab aerobic culture Laryngeal swab for Pneumocystis carini
- Anal swab aerobic culture .
- Anal swab culture for SS
- Ulceration swab aerobic culture
- Umbilical swab aerobic culture
- Penile swab aerobic culture
- Vulvar swab aerobic culture
- Skin lesion swab aerobic culture
- Chlamydia pneumoniae antigen, method: IIF swab
- Chlamydia pneumoniae antigen, method: IIF swab - other material
- Chlamydia pneumoniae antigen, method: IIF - Throat swab
- Faecal analysis for rota- and adenovirus
- Faecal ELISA analysis for lamblia

- Chlamydia pneumoniae PCR swab •
- Chlamydia trachomatis antigen, method: IIF swab - other material
- Chlamydia trachomatis antigen, method: IIF - urethral swab
- Chlamydia trachomatis antigen, method: IIF – Endocervical swab
- Chlamydia trachomatis, method: PCR - qualitative method (vaginal swab, urethral swab or urine)
- Eosilophils in nasal swab
- Mycoplasma hominis and Ureaplasma urealiticum urethral swab
- Mycoplasma hominis and Ureaplasma urealiticum endocervical swab
- Synovial fluid cytology
- Synovial fluid general analysis
- Liquid from sinuses aerobic culture
- Pinworms anal swab
- Helicobacter pylori faecal antigen
- Stool analysis Clostridium difficile -GDH antigen and A / B toxin
- Standard\* nasal mucosa cytological test

Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- veast-like fungi
- Nasal swab culture for yeast-like fungi
- Nasopharyngeal swab culture for yeast-like fungi
- eye swab culture for yeast-like fungi;
- Vaginal swab culture for yeast-like fungi
- Wound smear culture for yeastlike fungi
- Ear swab culture for yeast-like fungi
- Oral swab culture for yeast-like fungi
- Mycological examination hand epidermis fungal culture scrapings
- Mycological examination foot epidermis fungal culture scrapings
- Phenytoin, quantitative

fungi

- Ciclosporin A, quantitative
- Toxicological test methemoglobin quantitative

Bile acids

Lithium

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- - Endocervical smear, culture for
- Mycological examination fungal culture - hairy head skin scraping
  - Sement culture for yeast-like fungi
  - Foreskin swab culture for yeastlike fungi
  - Gingival swab culture for yeast-like fungi
  - Tongue swab culture for yeast-like fungi
  - Laryngeal swab culture for yeastlike fungi
  - Anal area swab culture for fungi .
  - Ulceration swab culture for fungi
  - Penile swab culture for yeast-like fungi

Vulvar swab - culture for yeast-like

Skin lesion swab – culture for fungi



#### Quick strip tests with taking test samples (blood):

- CRP – strip test
- Cholesterol strip test

#### **Diagnostic imaging:**

- ECG examinations:
  - **Resting ECG**
  - Stress test
  - Stress test Exercise ECG using an cycloergometer

#### X-ray (medium conforming with the standard applicable in a given clinic):

- Cranial X-ray orbits •
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals
- Splanchnocranium X-ray
- Abdominal X-ray, other
- Abdominal X-ray, supine
- Abdominal X-ray, erect
- Chest X-ray
- Chest X-ray X-ray tomography •
- Chest X-ray + lateral •
- Chest X-ray, lateral with barite
- Chest X-ray, other
- Chest X-ray PA + lateral • with barium
- X-ray of chest, thyroid, trachea
- Sacrococcygeal X-ray
- Lateral nasal X-ray
- . Lower leg X-ray, AP + lateral
- Lower leg X-ray, AP + bilateral lateral
- Upper leg and lower leg X-ray •
- Femoral bone X-ray, AP + left lateral
- Femoral bone X-ray, AP + right, lateral
- Shoulder X-ray, axial
- Shoulder X-ray, bilateral axial
- Shoulder X-ray, AP + lateral
- Shoulder X-ray: AP + bilateral comparative image
- Shoulder X-ray, AP •
- Shoulder X-ray, AP, both comparative image
- Forearm X-ray, AP + lateral
- Bilateral forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral, • bilateral
- X-ray of temporal bones. • transorbital
- X-ray of temporal bones by Schuller/Stevers

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- Glucose meter test
- Troponin strip test .
- Mounting of a standard\* Holter ECG monitor (for 24h) in an office
- Mounting Holter ECG monitor with 12 leads (for 24h)

- Temporal bone pyramid X-ray, transorbital
- Hand X-ray, lateral .
- Hand X-ray, PA
- Hand X-ray PA, bilateral
- Finger(s) X-ray, PA + • lateral/oblique
- Finger(s) X-ray, PA + • lateral/oblique bilateral
- Scaphoid X-ray
- Foot X-ray, AP + lateral/oblique
- Foot X-ray, AP + lateral/oblique, . erect
- Foot X-ray, AP + lateral/oblique . bilateral
- Foot X-ray, AP + lateral/oblique • bilateral, erect
- Foot X-ray, AP (comparative)
- Metatarsal X-ray
- Toe(s) X-ray, AP + lateral/oblique
- Heel X-ray + axial
- Heel X-ray, lateral
- Lumbar X-ray: AP + lateral
- X-ray of lumbar spine, AP + lateral + oblique
- X-ray of lumbar spine, lateral
- X-ray of lumbosacral spine, oblique
- X-ray of lumbosacral spine AP + lateral
- Lumbar functional X-ray
- Thoracic X-rav
- Thoracic X-ray AP + lateral
- Thoracic X-ray, AP + lateral + oblique
- Thoracic X-ray, lateral
- Thoracic X-ray, oblique views
- Cervical X-ray
- Cervical X-ray, AP + lateral
- Cervical X-ray, lateral
- Cervical X-ray, lateral + oblique (3 . views)
- . Cervical X-ray, oblique views
- Cervical functional X-ray
- Spinal X-ray AP, erect (scoliosis)
- Spinal X-ray AP, erect + lateral (scoliosis)
- Scapular X-ray
- Pelvic and hip joint X-ray

- Pharyngeal swab for Streptococcus a. quick test
- Mounting Holter RR (for 24h) device in an office
- X-ray of sternum, AP
- X-ray sternum / chest lateral
- Mandibular X-ray
- Paranasal sinus X-ray Rib X-ray (unilateral),
- 2 oblique views
- Wrist X-ray, lateral .
- X-ray of both wrists, lateral Wrist X-ray, PA + lateral

Hand X-ray, PA + oblique

Wrist/hand X-ray, PA +

Wrist/hand X-ray, PA +

Wrist/hand X-ray, PA +

lateral/oblique bilateral

Wrist/hand X-ray, PA +

lateral/oblique bilateral

positions

positions

lateral

lateral. erect

bilateral

agents)

Elbow joint X-ray

functional X-ray

Clavicular X-ray

X-ray of nasopharynx

Hip joint X-ray, AP

Hip joint X-ray, axial

X-ray of both patellae axial

Bilateral patellar X-ray, axial in 2

Bilateral patellar X-ray, axial in 3

X-ray of sacroiliac joints - oblique

X-ray of sacroiliac joints - PA

Bilateral hip joint X-ray, AP

Knee joint X-ray, AP + lateral

Knee joint X-ray, AP + bilateral

Knee joint X-ray, AP + bilateral

Ankle joint X-ray, AP + lateral

Ankle joint X-ray, AP + lateral

Urography (with standard contrast

Shoulder X-ray (transthoracic)

Shoulder X-ray, AP + axial

Temporomandibular joint

Knee joint X-ray, lateral

lateral/oblique right

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•

•

•

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•

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•

lateral/oblique left

Wrist X-ray, PA + bilateral lateral

Hand X-ray, PA + oblique, bilateral



- Large intestine X-ray rectal enema (with standard contrast agents)
- Chest X-ray X-ray tomography

#### Ultrasound examinations:

- Abdominal ultrasound
- Urinary tract ultrasound
- Breast ultrasound
- Thyroid ultrasound
- Transabdominal prostate ultrasound
- Transvaginal gynaecological ultrasound
- Transabdominal gynaecological ultrasound
- Testicular ultrasound
- Salivary gland ultrasound
- Transrectal prostate ultrasound
- Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
- Ultrasound / Doppler ultrasound of lower limb arteries
- Ultrasound/Doppler ultrasound of upper limb arteries
- Ultrasound/Doppler ultrasound of lower limb veins

- Larynx X-ray tomography
  - X-ray, small intestine passage (with standard contrast agents)
- Ultrasound/Doppler ultrasound of upper limb veins
- Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries
- Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
- Ultrasound/Doppler ultrasound of renal arteries
- Ultrasound/Doppler ultrasound of intracranial arteries
- Hip joint ultrasound
- Knee joint ultrasound
- Elbow joint ultrasound
- Ankle joint ultrasound
- Shoulder ultrasound
- Subcutaneous tissue ultrasound (lipomas, fibromas, etc.)
- Post-traumatic muscle haematoma ultrasound
- Lymph node ultrasound

Sigmoidoscopy

Colonoscopy

#### Endoscopic examinations with endoscopic biopsy specimen sampling:

- Anoscopy
- Gastroscopy (with urease test)
- Rectoscopy

#### Magnetic resonance imaging with standard contrast agents:

- MR magnetic resonance of head
- MR magnetic resonance, angiography head
- MR magnetic resonance head + angiography
- MR magnetic resonance, head and pituitary gland
- MR magnetic resonance, splanchnocranium
- MR magnetic resonance of abdomen
- MR magnetic resonance of small pelvis
- MR magnetic resonance of bone pelvis
- MR magnetic resonance of abdomen and small pelvis;
- MR magnetic resonance of thorax
- MR magnetic resonance of lumbar spine
- MR magnetic resonance of thoracic spine
- MR magnetic resonance of cervical spine
- MR magnetic resonance of orbits

- MR magnetic resonance of sinuses
- MR magnetic resonance of pituitary gland
- MR magnetic resonance of shoulder joint
- MR magnetic resonance of elbow joint
- MR magnetic resonance of knee joint
- MR magnetic resonance of wrist
- MR magnetic resonance of ankle joint
- MR magnetic resonance of hip joint
- MR magnetic resonance of sacroiliac joints
- MR magnetic resonance of foot
- MR magnetic resonance of lower leg
- MR magnetic resonance of upper leg
- MR magnetic resonance of forearm
- MR magnetic resonance of arm
- MR magnetic resonance of hand
- MR magnetic resonance of neck

- Esophagus, stomach and duodenum X-ray (with standard contrast agents)
- X-ray teleradiogram digital cephalometry
- laryngeal ultrasound;
- Wrist ultrasound
- Ultrasound of ligaments, muscles, small joints
- Ultrasound of metatarsal
- Ultrasound of the plantar aponeurosis
- Finger and metacarpophalangeal joint ultrasound
- Achilles tendon ultrasound
- Urinary tract ultrasound + TRUS
- Trans-fontanelle ultrasound
- Echocardiography cardiac ultrasound
- Ultrasound of eyeballs and orbits
- Obstetric ultrasound extended examination (4 D)
- Ultrasound of pleura
- Echocardiography cardiac ultrasound (foetal)
- Histopathological examination endoscopy biopsy material
- Laryngological endoscopy
- MR magnetic resonance arteriography of lower limb arteries
- MR magnetic resonance heart examination with quantitative assessment of systolic function, viability, perfusion at rest and viability assessment
- MR magnetic resonance Cholangiography MR
- MR magnetic resonance Mammography MR
- MR magnetic resonance heart morphological examination with quantitative assessment of systolic function and viability assessment
- MR magnetic resonance heart examination with quantitative assessment of systolic function
- MR magnetic resonance heart examination with quantitative assessment of blood flow
- MR magnetic resonance, angiography of the great vessels of the chest
- MR magnetic resonance, arteriography of renal arteries
- MR magnetic resonance of abdomen and cholangiography



- MR arthrography of wrist
- MR magnetic resonance of adrenal glands
- MR magnetic resonance of fetus

#### Computer tomography with standard contrast agents:

- CT computed tomography of head
- CT computed tomography of facial skeleton
- CT computed tomography of pituitary gland
- CT computed tomography of sinuses
- CT computed tomography of orbits
- CT computed tomography of temporal bones
- CT computed tomography of neck
- CT computed tomography of larynx
- CT computed tomography of thorax
- CT low-dose computed tomography of thorax
- CT computed tomography of thorax (HRCT)
- CT computed tomography of abdomen
- CT computed tomography, abdomen (3 phases)
- CT computed tomography of small pelvis
- CT computed tomography of bone pelvis
- CT computed tomography of abdomen and small pelvis
- CT computed tomography of thorax and abdomen
- CT computed tomography of thorax, abdomen, small pelvis
- CT computed tomography of neck, thorax, abdomen, small pelvis

#### **EEG** examinations:

Standard\* EEG

#### **EMG** examinations:

- EMG electromyography carpal tunnel syndrome
- EMG electromyography quantitative assessment of the muscle
- EMG electromyography motor neuron disease / amyotrophic lateral sclerosis (MND / SLA)

#### Electroneurographic examinations:

 Electroneurography (ENG) – sensory nerve

- MR magnetic resonance of joint with colorful cartilage imaging
- MR arthrograpy of shoulder joint
- MR arthrograpy of knee joint
- CT computed tomography of cervical spine
- CT computed tomography of thoracic spine
- CT computed tomography of lumbar spine
- CT computed tomography, lumbar + sacral spine
- CT computed tomography of cervical + lumbar spine
- CT computed tomography of cervical + thoracic spine
- CT computed tomography of cervical + thoracic + lumbar spine
- CT computed tomography of thoracic + lumbar spine
- CT computed tomography of hip joint
- CT computed tomography of knee joint
- CT computed tomography of ankle joint
- CT computed tomography of wrist
- CT computed tomography of shoulder joint
- CT computed tomography of elbow joint
- CT computed tomography of foot
- CT computed tomography of upper leg
- CT computed tomography of lower leg
- CT computed tomography of arm
- CT computed tomography of forearm
- CT computed tomography of hand
- Standard\* EEG (children)
- EMG electromyography facial nerve
- EMG electromyography nontraumatic nerve injury
- EMG electromyography assessment of muscle function at rest
- EMG electromyography polyneuropathy/myopathy
- Electroneurography (ENG) motor nerve (long)

- MR arthrography of elbow joint
- MR arthrography of ankle joint
- MR magnetic resonance; Urography
- CT computed tomography Angio of abdominal aorta
- CT computed tomography Angio of the head – examination of veins and sinuses of the brain
- CT computed tomography Angio of the head – arteries
- CT computed tomography Angio of thoracic aorta
- CT computed tomography Angio of the abdomen and small pelvis
- CT computed tomography Angio of thorax
- CT computed tomography Angio of lower limbs
- CT computed tomography Angio of upper limb
- CT computed tomography Angio of epigastrium
- CT computed tomography Angio of lesser pelvis arteries
- CT computed tomography Angio of carotid arteries
- CT computed tomography Bronchography CT
- CT computed tomography Colonography
- CT computed tomography coronary vessels – arteries
- CT arthrography of wrist
- CT arthrography of shoulder joint
- CT arthrography of knee joint
- CT arthrography of elbow joint
- CT arthrograpy of ankle joint
- CT computed tomography of jaw, mandible – dental examination (implantology)
- EMG electromyography traumatic nerve injury
- EMG electromyography ischemic (tetany) test
- EMG electromyography myasthenia test
- EMG electromyography plexus injury
- Electroneurography (ENG) motor nerve (short sections)



#### Scintigraphy:

- Scintigraphy bones
- Scintigraphy kidneys (Renoscintigraphy)

#### Other diagnostic tests and examinations:

- Spirometry without medication
- Spirometry diastolic test
- Standard audiometry\*
- Standard audiometry supraliminal audiometry
- Standard audiometry verbal audiometry
- Tympanometry
- Lumbar spine densitometry (trabecular bone assessment) – screening
- Densitometry femoral collum (cortical bone assessment) – screening
- Uroflowmetric examination
- Colposcopy

- Scintigraphy heart exercise
- Scintigraphy heart at rest
- Mammography
- Mammography targeted image
- Computerised visual field test
- Dark adaptation test
- Pachymetry
- GDX examination
- OCT examination both eyes
- OCT examination one eye
- Vibratory perception
- Labyrinth test
- Cold provocation test
- Cold provocation test with skin thermometry and compression test
- Fluorescein angiography
- Anomaloscope test

- Scintigraphy thyroid gland
- ABR differential diagnostics
- ABR latencies
  - Impedance audiometry with tympanometry and stapedial muscle reflex evaluation (IA)
  - Audiometric test Characteristics of tinnitus
  - Audiometric test determination of Uncomfortable Listening Level (UCL)
- Audiometric test whisper test
- Otoacoustic emission
- Electronystagmography (ENG)
- Tilt Test
  - Videonystagmography (VNG)

Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).

# Allergy tests – option III

The service includes allergy skin tests, patch tests or contact tests and blood allergy tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

skin allergy tests – inhaled allergens

Patch/contact tests - cosmetic panel

(paediatric): cod (F3), egg white (F1),

IGE SP. GP4 - late grass blend: sweet

vernal grass (G1), perennial rye grass

(G5), timothy grass (G6), common

reed grass (G7), rye (G12), yorkshire

peanut (F13), cow's milk (F2), soy

- Allergist consultation- qualification for tests
- Allergy skin tests skin prick tests with a product for allergy tests:
  - skin allergy tests 1 spot
  - skin allergy tests food allergy panel
- panel

.

- Patch/contact tests patch tests with a product for allergy tests:
  - Patch/contact tests 1 spot
  - Patch/contact tests hairdresser
    - panel
- Allergy blood tests with taking test samples (blood):
- IGE SP. Acarus Siro D70 (in dust)
  - IGE SP. Alternaria Tenuis M6
  - IGE SP. Amoxycillin C204
  - IGE SP. Aspergillus Fumigatus M3
  - IGE SP\_Ribwort plantain W9
  - IGE SP. Banana F92
  - IGE SP. Egg white F1
  - IGE SP. Silver birch T3
  - IGE SP. Mugwort W6
  - IGE SP. Candida Albicans M5
  - IGE SP. Onion F48
  - IGE SP. Chironimus Plumosus 173
  - IGE SP. Weeds blend: mugwort (W6), stinging nettle (W20), European goldenrod (W12), ribwort plantain (W9), Chenopodium album (W10)
  - IGE SP. Cladosporium Herbarum M2
  - IGE SP. Chocolate F105
  - IGE SP. Cod F3
  - IGE SP. Brewer's yeast F403
- IGE SP. Turkey F284
   IGE SP. Apple F49
   IGE SP. Vespula wasp venom SP.I3

IGE SP. Buckwheat F11

- - IGE SP. Bee venom I1

- patch/contact tests basic panel
- IGE SP. European hornet venom I5
- IGE SP. Lamb (mutton) F88
- IGE SP. Whole egg F245
- IGE SP. Barley F6
- IGE SP. Cocoa F93
- IGE SP. Cockroach German cockroach I6
- IGE SP. Coffee F221
- IGE SP. Casein F78
- IGE SP. Kiwi fruit F84
- IGE SP. Mosquito I71
- IGE SP. Chenopodium album W10
- IGE SP. Dill 277
- IGE SP. Meadow fescue G4
- IGE SP. Orchard grass G3
- IGE SP. Maize F8
- IGE SP. Chicken F83
- IGE SP. Dust blend (Bencard)
- IGE SP. Latex K82
- IGE SP. Lepidoglyphus destructor D71
- IGE SP. Common hazel T4

ulceration panel

IGE SP. FP5 – food blend

(F14), wheat flour (F4)

IGE SP. Human ascaris P1

IGE SP. Gluten (gliadin) F79

IGE SP. Trees – blend: alder (T2), birch (T3), hazel (T4), oak (T7), willow (T12)

patch/contact tests – crural

IGE SP. Bean F15

fog (G13)

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IGE SP. Pea F12

IGE SP. Pear F94



- IGE SP. Carrot F31
- Specific IgE epidermis blend EP1: dog (E5), cat (E1), horse (E3), cow (E4)
- Specific IgE mould blend MP1: Alternaria tenuis (M6), Penicilium notatum (M1), Cladosporium herbarum (M2), Aspergillus fumigatus (M3), Candida ablicans (M5)
- IGE SP. Cow's milk Betalactoglobulin F77
- IGE SP. Cow's milk F2
- IGE SP. Cow's milk alphalactalbumin F76
- IGE SP. Mucor racemosus M4
- IGE SP. Mustard F89
- IGE SP. Hamster epidermis E84
- IGE SP. Rabbit epidermis E82
- IGE SP. Sheep epidermis E81
- IGE SP. Guinea pig epidermis E6
- IGE SP. Pigeon droppings E7
- IGE SP. Cucumber F244
- IGE SP. Alder T2
- IGE SP. Hazelnut F17

- IGE SP. Walnut F256
- IGE SP. Peanut F13
- IGE SP. Oat F7
- IGE SP. Inhalant panel
- IGE SP. Mixed panel
- IGE SP. Food panel
- IGE SP. Penicilium notatum M1
- IGE SP. Black pepper F280
- IGE SP. Feather blend EP71: duck feathers (E86), goose feathers (E70), hen feathers, turkey feathers
- IGE SP. Feathers (goose) E70
- IGE SP. Parsley F86
- IGE SP. Duck feathers E86
- IGE SP. Canary feathers E201
- IGE SP. Budgerigar feathers E78
- IGE SP. Orange F33
- IGE SP. Tomato F25
- IGE SP. Wheat F4
- IGE SP. Rye pollen G12
- IGE SP. Mite Dermathopag Pteronys.
   D1
- IGE SP. Mite Dermathophag Farinae
- D2 IGE SP. Rice F9

IGE SP. Cheddar cheese F81
IGE SP. Horse hair E3

.

IGE SP. Celery F85

- IGE SP. Cat fur E1
- IGE SP. Callure1
- IGE SP. Dog coat E2
- IGE SP. Soy F14
- IGE SP. Poplar T14
- IGE SP. Grasses blend GP1
   (orchard grass G3, meadow fescue
   G4, perennial rye grass G5, timothy
   grass G6, Kentucky bluegrass G8)
- IGE SP. Strawberry F44
- IGE SP. Tuna F40
- IGE SP. Timothy G6
- IGE SP. Tyrophagus putescentiae
- IGE SP. Pork F26
- IGE SP. Willow T12
- IGE SP. Beef F27
- IGE SP. Potato F35
- IGE SP. Egg yolk F75
- IGE SP. Rye F5
  - IGE SP. blend FP2 fish, crustacean, seafood: cod (F3), shrimp (F24), salmon (F41), mussel (F37), tuna (F40)

Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.

### Y Preventive health check – option II

Preventive health check – option I is an annual (available once during a 12-month term of the agreement) health check, depending on the age and sex of the Patient, including an extended range of examinations and consultations for the Patient over 18 years of age.

The health check starts with an internist visit when medical history is taken and referrals for examinations (according to the indications). The health check concludes with an internist consultation, during which the Patient obtains information on their health status and further recommendations.

#### The scope of the check for women includes:

- Internist consultation medical history
- Gynaecological consultation
- Cardiological consultation
- Ophthalmological consultation
- Dermatological consultation with standard\* dermatoscopy
- Laboratory tests:
  - Urine general analysis
  - faecal occult blood (FOB);
  - Blood count + platelet count +
  - automated smear
  - ESR
- Imaging examinations:
  - Breast ultrasound and
     Mammography women, depending
    - on medical indication
- Functional examinations:
  - Echocardiography cardiac ultrasound
- Internist consultation closing consultation

#### The scope of the check for men includes:

- Internist consultation medical history
- Cardiological consultation
- urological consultation;

- GPT/ALT transaminase
- TSH / hTSH
- Creatinine
- Uric acid
- Free T4
- PA chest X-ray depending on medical indications
- Abdominal ultrasound
- Thyroid ultrasound
- Resting ECG

- HBs Ag/antigen
- HCV Ab/antibodies
- Standard\* Pap smear
- Lipid profile (CHOL, HDL, LDL, TG)
- Fasting glucose
- Transabdominal gynaecological ultrasound or transvaginal gynaecological ultrasound

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- Ophthalmological consultation
- Dermatological consultation with standard\* dermatoscopy
- Laboratory tests:
  - Urine general analysis
  - faecal occult blood (FOB);
  - Blood count + platelet count +
  - automated smear
  - ESR
  - GPT/ALT transaminase
- Imaging examinations:
  - PA chest X-ray depending on medical indications
  - ٠
- Functional examinations:
  - Resting ECG

- PSA panel (PSA, FPSA, FPSA / PSA index)
- TSH / hTSH
- Creatinine
- Uric acid
- Free T4
- Transrectal prostate ultrasound
- Thyroid ultrasound
  - Testicular ultrasound
  - lesticular ultrasound
- Echocardiography cardiac ultrasound

- HBs Ag/antigen
- HCV Ab/antibodies
- Lipid profile (CHOL, HDL, LDL, TG)
- Fasting glucose
- Abdominal ultrasound

• Internist consultation — closing consultation

Note: The service is available in outpatient Medical Facilities indicated by LUX MED. In order to make an appointment for scheme implementation, the Patient should contact using the on-line form available on https://www.luxmed.pl/strona-glowna/kontakt/infolinia

# Physiotherapy - option III

As part of the Physiotherapy option III service, the Patient is entitled to unlimited access to consultations with a physical therapist. The service includes: a medical history interview, a functional examination, the physical therapist's advice and procedures necessary to make a diagnosis, adopting an appropriate therapeutic decision and determining the mode of rehabilitation. The service only includes rehabilitation of the locomotor system and it is provided for the following indications (qualification criteria); i.e. it applies to Patients with:

- orthopaedic traumas
- osteoarthritis
- occupational disorders of the motor organ (confirmed by a relevant medical certificate)
- neurological pain syndromes
- muscle tone disorders (refers to neurokinesiological rehabilitation for children up to 18 years of age)
- postural defects (refers to postural defects rehabilitation for children up to 18 years of age)

The procedures are provided on the basis of referrals from physical therapists or Physicians (specialists in the field of orthopaedics, neurology, neurosurgery, rheumatology, rehabilitation medicine, balneology) from an outpatient Medical Facility indicated by LUX MED, specifying the scope and type of rehabilitation procedures, and includes physiotherapy services available at outpatient Medical Facilities indicated by LUX MED. The service is unlimited and covers performance of a total of 5 of rehabilitation services (neurokinesilogy or postural defects) within a 12-month term of the agreement. Physiotherapy covers the following range of physiotherapy and kinesitherapy procedures:

- Physical therapy electrical stimulation of muscle of the lower limb
- Physical therapy electrical stimulation of muscle of the upper limb
- Physical therapy phonophoresis lumbar spine
- Physical therapy phonophoresis thoracic spine
- Physical therapy phonophoresis cervical spine
- Physical therapy phonophoresis wrist
- Physical therapy phonophoresis lower leg
- Physical therapy phonophoresis forearm
- Physical therapy phonophoresis arm
- Physical therapy phonophoresis hand

- Physical therapy phonophoresis shoulder joint
- Physical therapy phonophoresis hip joint
- Physical therapy phonophoresis knee joint
- Physical therapy phonophoresis elbow joint
- Physical therapy phonophoresis ankle joint
- Physical therapy phonophoresis foot
- Physical therapy phonophoresis upper leg
- Physical therapy galvanotherapy lumbar spine
- Physical therapy galvanotherapy thoracic spine
- Physical therapy galvanotherapy cervical spine
- Physical therapy galvanisation wrist

- Physical therapy galvanisation lower leg
- Physical therapy galvanisation forearm
- Physical therapy galvanisation arm
- Physical therapy galvanisation hand
- Physical therapy galvanisation shoulder joint
- Physical therapy galvanisation hip joint
- Physical therapy galvanisation knee joint
- Physical therapy galvanisation elbow joint
- Physical therapy galvanisation ankle joint
- Physical therapy galvanisation foot
- Physical therapy galvanisation upper leg



- Physical therapy ionophoresis lumbar spine
- Physical therapy ionophoresis thoracic spine
- Physical therapy ionophoresis cervical spine
- Physical therapy ionophoresis wrist
- Physical therapy ionophoresis lower leg
- Physical therapy ionophoresis forearm
- Physical therapy ionophoresis arm
- Physical therapy ionophoresis hand
- Physical therapy ionophoresis shoulder joint
- Physical therapy ionophoresis hip joint
- Physical therapy ionophoresis knee joint
- Physical therapy ionophoresis elbow joint
- Physical therapy ionophoresis ankle joint
- Physical therapy ionophoresis foot
- Physical therapy ionophoresis upper leg
- Physical therapy local cryotherapy lumbar spine
- Physical therapy local cryotherapy thoracic spine
- Physical therapy local cryotherapy cervical spine
- Physical therapy local cryotherapy wrist
- Physical therapy local cryotherapy lower leg
- Physical therapy local cryotherapy forearm
- Physical therapy local cryotherapy arm
- Physical therapy local cryotherapy hand
- Physical therapy local cryotherapy shoulder joint
- Physical therapy local cryotherapy hip joint
- Physical therapy local cryotherapy knee joint
- Physical therapy local cryotherapy elbow joint
- Physical therapy local cryotherapy ankle joint
- Physical therapy local cryotherapy foot
- Physical therapy local cryotherapy upper leg
- Physical therapy low-energy laser therapy lumbar spine
- Physical therapy low-energy laser therapy thoracic spine

- Physical therapy low-energy laser therapy cervical spine
- Physical therapy low-energy laser therapy wrist
- Physical therapy low-energy laser therapy lower leg
- Physical therapy low-energy laser therapy forearm
- Physical therapy low-energy laser therapy arm
- Physical therapy low-energy laser therapy hand
- Physical therapy low-energy laser therapy shoulder joint
- Physical therapy low-energy laser therapy hip joint
- Physical therapy low-energy laser therapy knee joint
- Physical therapy low-energy laser therapy elbow joint
- Physical therapy low-energy laser therapy ankle joint
- Physical therapy low-energy laser therapy foot
- Physical therapy low-energy laser therapy upper leg
- Physical therapy magnetic field therapy lumbar spine
- Physical therapy magnetic field therapy thoracic spine
- Physical therapy magnetic field therapy cervical spine
- Physical therapy magnetic field therapy wrist
- Physical therapy magnetic field therapy lower leg
- Physical therapy magnetic field therapy forearm
- Physical therapy magnetic field therapy arm
- Physical therapy magnetic field therapy hand
- Physical therapy magnetic field therapy shoulder joint
- Physical therapy magnetic field therapy hip joint
- Physical therapy magnetic field therapy knee joint
- Physical therapy magnetic field therapy elbow joint
- Physical therapy magnetic field therapy ankle joint
- Physical therapy magnetic field therapy foot
- Physical therapy magnetic field therapy upper leg
- Physical therapy diadynamic currents therapy lumbar spine
- Physical therapy diadynamic currents therapy thoracic spine
- Physical therapy diadynamic currents therapy cervical spine
- Physical therapy diadynamic currents therapy wrist

- Physical therapy diadynamic currents therapy lower leg
- Physical therapy diadynamic currents therapy forearm
- Physical therapy diadynamic currents therapy arm
- Physical therapy diadynamic currents therapy hand
- Physical therapy diadynamic currents therapy shoulder joint
- Physical therapy diadynamic currents therapy hip joint
- Physical therapy diadynamic currents therapy knee joint
- Physical therapy diadynamic currents therapy elbow joint
- Physical therapy diadynamic currents therapy ankle joint
- Physical therapy diadynamic currents therapy foot
- Physical therapy diadynamic currents therapy upper leg
- Physical therapy interferential currents therapy lumbar spine
- Physical therapy interferential currents therapy thoracic spine
- Physical therapy interferential currents therapy cervical spine
- Physical therapy interferential currents therapy wrist
- Physical therapy interferential currents therapy lower leg
- Physical therapy interferential currents therapy forearm
- Physical therapy interferential currents therapy arm
- Physical therapy interferential currents therapy hand
- Physical therapy interferential currents therapy shoulder joint
- Physical therapy interferential currents therapy hip joint
- Physical therapy interferential currents therapy knee joint
- Physical therapy interferential currents therapy elbow joint
- Physical therapy interferential currents therapy ankle joint
- Physical therapy interferential currents therapy foot
- Physical therapy interferential currents therapy upper leg
- Physical therapy TENS currents therapy lumbar spine
- Physical therapy TENS currents therapy thoracic spine
- Physical therapy TENS currents therapy cervical spine
- Physical therapy TENS currents therapy wrist
- Physical therapy TENS currents therapy lower leg
- Physical therapy TENS currents therapy forearm



- Physical therapy TENS currents therapy arm
- Physical therapy TENS currents therapy hand
- Physical therapy TENS currents therapy shoulder joint
- Physical therapy TENS currents therapy hip joint
- Physical therapy TENS currents therapy knee joint
- Physical therapy TENS currents therapy elbow joint
- Physical therapy TENS currents therapy ankle joint
- Physical therapy TENS currents therapy foot
- Physical therapy TENS currents therapy upper leg
- Physical therapy ultrasound therapy lumbar spine
- Physical therapy ultrasound therapy thoracic spine
- Physical therapy ultrasound therapy cervical spine
- Physical therapy ultrasound therapy wrist
- Physical therapy ultrasound therapy lower leg
- Physical therapy ultrasound therapy forearm
- Physical therapy ultrasound therapy arm
- Physical therapy ultrasound therapy hand
- Physical therapy ultrasound therapy shoulder joint
- Physical therapy ultrasound therapy hip joint
- Physical therapy ultrasound therapy knee joint
- Physical therapy ultrasound therapy elbow joint
- Physical therapy ultrasound therapy ankle joint
- Physical therapy ultrasound therapy foot
- Physical therapy ultrasound therapy upper leg
- Physical therapy ultrasound (in water)
- Physical therapy Trabert's current therapy lumbar spine
- Physical therapy Trabert's current therapy thoracic spine
- Physical therapy Trabert's current therapy cervical spine
- Physical therapy Trabert's current therapy wrist
- Physical therapy Trabert's current therapy lower leg
- Physical therapy Trabert's current therapy forearm

- Physical therapy Trabert's current therapy arm
- Physical therapy Trabert's current therapy hand
- Physical therapy Trabert's current therapy shoulder joint
- Physical therapy Trabert's current therapy hip joint
- Physical therapy Trabert's current therapy knee joint
- Physical therapy Trabert's current therapy elbow joint
- Physical therapy Trabert's current therapy ankle joint
- Physical therapy Trabert's current therapy foot
- Physical therapy Trabert's current therapy upper leg
- Kinesitherapy instructional exercises lumbar spine
- Kinesitherapy instructional exercises thoracic spine
- Kinesitherapy instructional exercises cervical spine
- Kinesitherapy instructional exercises wrist
- Kinesitherapy instructional exercises shank
- Kinesitherapy instructional exercises forearm
- Kinesitherapy instructional exercises arm
- Kinesitherapy instructional exercises hand
- Kinesitherapy instructional exercises shoulder joint
- Kinesitherapy instructional exercises hip joint
- Kinesitherapy instructional exercises knee joint
- Kinesitherapy instructional exercises elbow joint
- Kinesitherapy instructional exercises ankle joint
- Kinesitherapy instructional exercises foot
- Kinesitherapy instructional exercises thigh
- Kinesitherapy functionimproving exercises lumbar spine
- Kinesitherapy functionimproving exercises thoracic spine
- Kinesitherapy functionimproving exercises cervical spine
- Kinesitherapy functionimproving exercises wrist
- Kinesitherapy functionimproving exercises shank
- Kinesitherapy functionimproving exercises forearm
- Kinesitherapy functionimproving exercises arm

• Kinesitherapy – functionimproving exercises hand

- Kinesitherapy functionimproving exercises shoulder joint
- Kinesitherapy functionimproving exercises hip joint
- Kinesitherapy functionimproving exercises knee joint
- Kinesitherapy functionimproving exercises elbow joint
- Kinesitherapy functionimproving exercises ankle joint
- Kinesitherapy functionimproving exercises foot
- Kinesitherapy functionimproving exercises thigh
- Kinesitherapy individual therapy lumbar spine
- Kinesitherapy individual therapy thoracic spine
- Kinesitherapy individual therapy cervical spine
- Kinesitherapy individual therapy wrist
- Kinesitherapy individual therapy lower leg
- Kinesitherapy individual therapy forearm
- Kinesitherapy individual therapy arm
- Kinesitherapy individual therapy hand
- Kinesitherapy individual therapy shoulder joint
- Kinesitherapy individual therapy hip joint
- Kinesitherapy individual therapy knee joint
- Kinesitherapy individual therapy elbow joint
- Kinesitherapy individual therapy ankle joint
- Kinesitherapy individual therapy foot
- Kinesitherapy individual therapy upper leg
- Kinesitherapy lumbar spine traction
- Kinesitherapy cervical spine traction
- Myorelaxation therapy Therapeutic spinal massage
- Individual therapy using neurokinesiology / neurophysiology methods for children
- Kinesitherapy exercises improving postural defects in children

Note: The scope of services does not include the costs of physiotherapy for congenital malformations and their consequences, postural defects, perinatal traumas, chronic connective tissue diseases and their consequences, demyelinating diseases and their consequences; neurodegenerative diseases and their consequences; physiotherapy after: surgical procedures not performed as part of the Agreement on the Provision of Health Services concluded with LUX MED or the LUX MED Group Health Insurance for



Companies, coronary events, neurological and cerebrovascular events; urogynaecological physiotherapy, physiotherapy with highly specialist methods (mechanical and neurophysiological methods, osteopathic techniques), as well as diagnostic and functional training services or corrective gymnastics and fitness services. The scope of services does not include aseptic necrosis physiotherapy, physiotherapy of scars/keloid scars or post-burn conditions, or visceral manipulation – internal organ therapy.

# **Dentistry – Option III**

#### **Dental emergency**

Dental emergency includes, depending on the Medical Facility, coverage or reimbursement of expenses (Reimbursement) up to the maximum limit of 350 PLN per each 12-moth Agreement term, of the following performed by dentists services:

- Emergency tooth pulp devitalisation in a deciduous tooth with cavity dressing
- Emergency tooth pulp devitalisation with cavity dressing
- Emergency dental abscess incision, including drainage
- Emergency periapical abscess decompression
- Emergency medicinal dressing on a deciduous tooth

- Emergency medicinal dressing on a permanent tooth
- Emergency extraction of a single-rooted tooth
- Emergency extraction of a singlerooted deciduous tooth
- Emergency extraction of a multirooted tooth
- Emergency extraction of a multirooted deciduous tooth
- Emergency dry socket irrigation + application of medication

- Emergency extraction of a tooth by intra-alveolar chiseling
- Emergency repositioning and immobilisation of an avulsed tooth
- Emergency dental local infiltration anaesthesia
- Emergency dental local permeation anaesthesia
- Emergency dental intraoral conduction anaesthesia
- Emergency single tooth X-ray

Note: Dental emergency services are provided exclusively in the sudden onset of an illness or in case of an accident outside the working hours of LUX MED's own facilities. A precondition for obtaining dental emergency services shall be for the patient to notify the need to attend a dental emergency as a result of a sudden onset of an illness or an accident using our Helpline (on 22 33 22 888), and then avail of the services at a medical facility indicated by LUX MED, in line with the instructions provided by the Helpline staff. If the indicated medical facility does not offer cashless services, the patient must cover the costs of the services performed in accordance with the applicable price list, then submit an application for a Reimbursement with attached original invoices or receipts for services provided to the patient. The invoice or receipt should include:

- a) the data of the patient for whom services were provided, for the reimbursement of costs (at least the patient's name, surname, address). In the event that services are provided to a child, the invoice should be issued for the actual carer or legal guardian of the child, and the invoice should include the data of the child for whom the services were performed:
- b) a list of services performed for the patient (indicated in the content of the invoice) or an attached specification issued by the medical facility providing the services, indicating the name of the service, or a copy of medical records related to the specific service provided;
- c) the number of a specific type of services provided;
- d) service performance date;e) service unit price.

If, following the service cost reimbursement under the LUX MED Reimbursement procedure, LUX MED obtains evidence that the Reimbursement was made upon information, invoices or receipts that are inaccurate given the actual situation indicated in the Application or attached documents (e.g. if the patient submits invoices or receipts for services performed for third parties with the Application), LUX MED shall have the right to claim reimbursement of the amounts paid to the Patient with interest calculated from the date of disbursement of funds under the Reimbursement procedure.

Payment by way of Reimbursement shall be made on the basis of the Refund Application filed by the patient along with accompanying original invoices or receipts and other required documents, submitted within 3 months from the date of the service.

LUX MED shall reimburse the costs to the bank account number indicated in the Application Form within 30 days from the date of delivery of the complete Application Form. The Reimbursement Application Form constitutes an Appendix to the Agreement and is available at www.luxmed.pl

#### **Dental prophylaxis**

Dental prophylaxis is a dental examination that involves assessment of the state of dentition and oral hygiene performed once during a 12-month Agreement term in outpatient Medical Facilities indicated by LUX MED by a Physician specialising in conservative dentistry, and oral hygiene procedures performed by a dental hygienist, and includes the following services:

- Dental consultation
- Dental fluoride treatment (Fluor Protector) 1 dental arch
- Dental fluoride treatment (Fluor Protector) 1/2 of dental arch
- Dental fluoride treatment (Fluor Protector) 2 dental arches
- Instructions on oral hygiene
- Tooth polishing
- Periodontal scaling –
- complementary
   Periodontal scaling from 1 dental arch
- Periodontal scaling from all teeth
- Deposit removal sandblasting
- Prophylactic fissure sealing - 1 tooth
- Individual fluoride treatment, topical

#### Anaesthesia

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental anaesthesia with a WAND device
- Dental local infiltration anaesthesia

- Dental local permeation anaesthesia
- Dental intraoral conduction anaesthesia

#### **Conservative dentistry**

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services including materials:



- Specialist consultation conservative dentistry
- Tooth cavity filling 1 surface with regular light-cured material
- Tooth cavity filling 2 surfaces with regular light-cured material
- Tooth cavity filling 3 surfaces with regular light-cured material
- Restoration of damaged incisal angle with regular light-cured material

#### **Paedodontics**

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services including materials:

dentistry

tooth

surfaces, therapeutic

- Dental consultation - paedodontal
- Deciduous tooth cavity filling 1 surface
- Deciduous tooth cavity filling 1 surface, therapeutic
- Deciduous tooth cavity filling 2 surfaces
- Deciduous tooth cavity filling 2 surfaces, therapeutic
- Deciduous tooth cavity filling 3 surfaces

#### **Dental surgery**

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation dental surgery
- Dental abscess incision including drainage
- Apicoectomy of a posterior tooth
- Apicoectomy of a posterior tooth, with retrograde root canal filling
- Apicoectomy of an anterior tooth
- Apicoectomy of an anterior tooth, with retrograde root canal filling
- Single-rooted tooth extraction
- Single-rooted deciduous tooth extraction
- Extraction of a tooth by intraalveolar chiselling

- Tooth reimplantation
- Alveoloplasty within a half of maxilla - preparation for prosthetic restoration
- Alveoloplasty with a transplant excluding cost of material
- Repositioning and immobilisation of a fractured alveolar process
- Removal of salivary duct calculus dentistry
- Closure of oroantral communication or fistula
- Temporary management of fractured maxilla
- Repositioning and immobilisation of an avulsed mandible
- Maxillary sinus 1 augmentation
- Maxillary sinus 2 augmentation

- Filling glass ionomer
- Examination of tooth vitality
- Circumpulpar pin inlay
- Cosmetic covering of enamel hypoplasia - composite veneer
- Cosmetic covering of discoloured dentine in anterior teeth composite veneer
- Treatment of changes of the oral mucosa

Deciduous tooth cavity filling 3

Medicinal dressing on a deciduous

Dentine impregnation - per tooth

Adaptation visit (children) -

Amputation of devitalised

Endodontic treatment of a

deciduous tooth pulp

deciduous tooth

- Medicinal dressing on a permanent tooth
- Periodontal pocket irrigation
- Periodontal pocket irrigation and drug application
- Cauterisation of interdental papilla
- Treatment of pulp necrosis in a deciduous tooth
  - Vital pulp amputation in a tooth with unformed root
  - Tooth pulp devitalisation in a deciduous tooth with cavity dressing

- Extraction of a tooth by extraalveolar chiselling with formation of a mucoperiosteal flap
- Multi-rooted tooth extraction
- Multi-rooted deciduous tooth extraction
- Excision of a gingival flap within 1 tooth
- Excision of nodule, nodule-like lesion, mucocele – dentistry
- Surgical dressing dentistry
- Dry socket irrigation + application of medication
- Sampling of a biopsy specimen in . the oral cavity
- In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:
  - Maxillary sinus 3 augmentation
  - Connective tissue transplant from a palate – sampling
  - Connective tissue transplant from a palate - sampling
  - Inferior alveolar nerve transposition
  - Bone augmentation 1
  - Bone augmentation 2
  - Bone augmentation 3
  - Emdogain and Endobon implantation procedure
  - Flap procedure with augmentation with Endobon preparation
  - Flap procedure with augmentation . with Endobon preparation and Osseoguard membrane

- Flap procedure with augmentation using Endobon and Emdogain
- Alveolar regeneration / augmentation following extraction using biomaterial
- Stitching a lip wound
- Surgical removal of tooth buds
- Alveolar regeneration / augmentation following extraction using collagen cones
- Autogenic bone transplant to 3 alveoli
- Replenishment of the alveolus with bone replacement material, excluding cost of material
- Application of platelet-rich fibrin (PRF) in dentistry
- Membrane plus application

- - Frenuloplasty, meloplasty,
    - glossoplasty dentistry
    - Enucleation of odontogenic cyst Surgical tooth extraction -
    - surgically complex
    - Surgical exposure of an impacted tooth
    - Surgical exposure of an impacted tooth with bracket attachment
    - Surgical extraction of a partially impacted tooth
    - Repositioning and immobilisation of an avulsed tooth



- Connective tissue replacement membrane plus application
- Collagen membrane plus application
- i-GEN membrane or titanium mesh plus application
- i-Gen membrane removal

#### Endodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation conservative dentistry
- Tooth pulp devitalisation with cavity dressing

the canal under a surgical

surgical microscope

microscope stage I

microscope

Removal of a fractured tool from

Crown-root inlay removal under a

Endodontal treatment of an incisor

or a canine under a surgical

- Chemical and mechanical root canal preparation
  - Root canal opening

#### In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:

- Endodontal treatment of an incisor or a canine under a surgical microscope stage II
- Endodontal treatment of a premolar under a surgical microscope stage I
- Endodontal treatment of a premolar under a surgical microscope stage II

- Root canal filling
- Crown-root inlay removal
- Endodontal treatment of a molar under a surgical microscope stage I
- Endodontal treatment of a molar under a surgical microscope stage II
- Specialised assessment of tissue under a surgical microscope
- Interventional appointment during endodontic treatment

#### Prosthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

• Specialist prosthetic consultation

In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:

- Full denture with metal palate
- Malocclusion correction
- Models for diagnostic or planning purposes – doctor
- Crown-root inlay cast metal
- Crown-root inlay cast metal combined
- Crown-root inlay made of gold
- Crown-root inlay made of gold combined
- Metal, ceramic, glass fibre crownroot inlay – standard
- Provisional crown using indirect method
- All-metal cast crown
- All-gold cast crown, premolar
- Porcelain crown on metal without margin
- Porcelain crown on gold, premolar
- Porcelain veneer
- Composite crown ONLAY INLAY
   OVERLAY
- Galvanised telescopic crown, gold
- Latch / bolt / retainer point in frame denture
- Replacement of Rhein inlay 1 element
- Partial denture supporting 1–4 missing teeth
- Full maxillary denture
- Full mandibular denture
- Frame denture with latches without latch cost
- Frame denture
- Overdenture on gold latch

- Denture repair 1 element
- Direct denture lining
- Indirect denture lining
- Removal of a prosthetic crown 1 element
- Partial denture supporting 5–8 missing teeth
- Partial denture supporting more than 8 teeth
- Porcelain crown on gold, molar
- Porcelain crown on gold, anterior tooth
- All-gold cast crown, molar
- All-gold cast crown, anterior tooth
- Porcelain crown ONLAY INLAY
- OVERLAY
- Cementation of a prosthetic crown
- Cementation of a bridge
- Partial denture 1 point
- Occlusion alignment using articulator
- Functional impression using individual tray
- All-ceramic crown-root inlay
- Crown-root inlay cast metal Stage I
- Crown-root inlay cast metal Stage II
- Crown-root inlay cast metal combined Stage I
- Crown-root inlay cast metal combined Stage II
- Crown-root inlay made of gold Stage I
- Crown-root inlay made of gold Stage II

- Crown-root inlay made of gold combined Stage I
- Crown-root inlay made of gold combined Stage II
- All-metal cast crown Stage I
- All-metal cast crown Stage II
- All-gold cast crown, premolar Stage I
- All-gold cast crown, premolar Stage II
- All-gold cast crown, molar Stage I
- All-gold cast crown, molar Stage II
- All-gold cast crown, anterior tooth Stage I
- All-gold cast crown, anterior tooth Stage II
- Porcelain crown on metal without margin, Stage I
- Porcelain crown on metal without margin, Stage II
- Porcelain crown on galvanised metal Stage I
- Porcelain crown on galvanised metal Stage II
- Porcelain crown on gold premolar tooth Stage I
- Porcelain crown on gold premolar tooth Stage II
- Porcelain crown on gold molar tooth Stage I
- Porcelain crown on gold molar tooth Stage II
- Porcelain crown on gold, anterior tooth Stage I
- Porcelain crown on gold, anterior tooth Stage II



- Porcelain veneer Stage I •
- Porcelain veneer Stage II
- Porcelain crown ONLAY INLAY **OVERLAY Stage I**
- Porcelain crown ONLAY INLAY OVERLAY Stage II
- Galvanised telescopic crown, gold Stage I
- Galvanised telescopic crown, gold Stage II
- Latch / bolt / retainer point in frame denture Stage I
- Latch / bolt / retainer point in frame denture Stage II
- Partial denture supporting 1-4 missing teeth Stage I
- Partial denture supporting 1-4 missing teeth Stage II
- missing teeth Stage I
- Partial denture supporting 5-8 missing teeth Stage II
- Partial denture supporting more than 8 teeth Stage I
- Partial denture supporting more than 8 teeth Stage II
- Full maxillary denture Stage I
- Full maxillary denture Stage II •
- Full mandibular denture Stage I
- Full mandibular denture Stage II
- Frame denture with latches without latch cost Stage I
- without latch cost Stage II
- Frame denture Stage II
- •
- WAX UP INTERDENT
- All-ceramic crown-root inlay Stage
- Ш
- Adhesive bridge 1 point

- Partial denture supporting 5-8

- Frame denture with latches
- Frame denture Stage I
- •
- WAX UP

- All-ceramic crown-root inlay Stage
- Orthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

Orthodontist's consultation

In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:

- Wide-arch braces Bi-helix, Quad -• helix
- Block braces with modification
- Derichsweiler apparatus
- Removable braces •
- Fixed braces – closed metal 1 arch
- Stochfisch braces •
- One brace of metal, transparent braces
- One brace of metal, fixed braces
- Lip-bumper

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- Porcelain crown on zirconia using CADCAM Lava Everest method
- Porcelain crown on zirconia using CADCAM Lava Everest method Stage I
- Porcelain crown on zirconia using CADCAM Lava Everest method Stage II
- Rhein latch 1 element
- Bredent latch 1 element
- Porcelain crown on metal with a ceramic margin
- Porcelain crown on metal with a ceramic margin Stage I
- Porcelain crown on metal with a ceramic margin Stage II
- Metal telescopic crown
- Metal telescopic crown Stage I
- Metal telescopic crown Stage II
- Porcelain veneer posterior
- Porcelain veneer posterior Stage I
- Porcelain veneer posterior Stage II
- Overdenture on gold latch Stage I
- Overdenture on gold latch Stage II
- Gradia gingival mask
- Gradia gingival mask Stage I
- Gradia gingival mask Stage II
- Wax teeth control and correction
- Frame denture metal control and correction
- Splint denture
- Metal crown ONLAY INLAY OVERLAY
- Gold crown inlay
- Spherical inlays
- Protective splint sport
- Protective splint sport colour
- Silver-palladium crown-root inlay
- Silver-palladium crown-root inlay Stage I
- Silver-palladium crown-root inlay Stage II

Braces repair, arch wire

Braces repair, 1 screw

Braces repair, 2 screws

Braces repair, plate breakage

Braces repair, addition of a wire

replacement

replacement

replacement

element

Nance plate

Vestibular plate

- Silver-palladium crown-root inlav • combined
- Silver-palladium crown-root inlay combined Stage I
- Silver-palladium crown-root inlay combined Stage II
- Models for diagnostic or planning purposes – doctor
- Reinforcement of a denture with an arch
- Reinforcement of a denture with a steel mesh
- Reinforcement of a denture with a gold-plated mesh
- Overdenture on telescopic crowns Stage I
- Overdenture on telescopic crowns Stage II

Face-bow examination and

Visualisation of prosthodontic

Composite crown on glass fibre

All-porcelain crown on zirconia

All-porcelain crown on zirconia

All-porcelain crown on zirconia

All-porcelain crown Stage I

All-porcelain crown Stage II

Maryland missing tooth

Maryland missing tooth

restoration - composite

restoration - acrylic

placement in articulator

Acrylic microdenture

1 arch MOCK UP

1 point MOCK UP

treatment on a model

Teflon replacement

All-composite crown

All-porcelain crown

Stage I

Stage II

Chin cap

Retainer 1

Retainer 2

Retainer 3

Palatal expander

NiTi palatal expander

Orthodontist consultation in the

course of treatment with

removable braces

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ASC bracket

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- Orthodontist consultation in the course of treatment with fixed braces
- Headgear
- Removal of fixed braces
- Visit with a chin cap
- Visit with cusp grinding
- Occlusal analysis and treatment plan development
- Block braces
- One wire arch of fixed braces porcelain brackets
- One wire arch of fixed metal braces
- Orthodontist's consultation with an impression
- Braces repair replacement of 1 element
- Braces repair replacement of 2 elements
- Braces repair replacement of 3 elements
- Visit with a vestibular plate
- Follow-up visit in the course of treatment with removable braces
- Follow-up visit in the course of treatment with fixed braces x 1
- Replacement of a metal bracket
- Replacement of a porcelain bracket
- 1/3 segment arch
- 1/2 segment arch
- Follow-up visit fixed braces, metal brackets
- Follow-up visit fixed braces, crystal brackets
- One wire arch of fixed braces crystal brackets
- One wire arch of fixed braces metal brackets
- Removable braces Schwarz plate
- Fixed braces aesthetic brackets 1 arch
- Hyrax braces
- Pendulum braces
- Fixed braces aesthetic brackets part of arch 1
- Fixed braces aesthetic brackets part of arch 2
- Wide-arch braces Bi-helix, Quad helix Stage I
- Wide-arch braces Bi-helix, Quad helix Stage II
- Block braces Stage I
- Block braces Stage II
- Removable braces Schwarz plate Stage I
- Removable braces Schwarz plate Stage II
- Hyrax braces Stage I
- Hyrax braces Stage II

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• One wire arch of fixed brace with crystal brackets Stage I

- One wire arch of fixed brace with crystal brackets Stage II
- One wire arch of fixed braces with metal brackets Stage I
- One wire arch of fixed braces with metal brackets Stage II
- Braces repair
- Pendulum braces Stage I
- Pendulum braces Stage II
- Nance braces
- Retention control
- Stripping 1 tooth
- Acrylic bite splint
- Headgear application
- Retention plate
- Retention arch application maxilla
- Retention arch application mandible
- Removal of retention arch
- Fixed braces metal, non-ligature brackets 1 arch
- Fixed braces aesthetic, nonligature brackets 1 arch
- TWIN-BLOCK braces
- TWIN-BLOCK braces Stage I
- TWIN-BLOCK braces Stage II
- Follow-up visit fixed braces, porcelain brackets
- Hass braces
- Space maintainer
- Clear aligner impression
- Clear aligner follow-up
- Braces repair, 1 arch wire replacement ceramic brackets
- Braces repair, 2 arch wires replacement ceramic brackets
- Braces repair, 1 arch wire replacement metal brackets
- Braces repair, 2 arch wires replacement metal brackets
- Additional orthodontic element 1
- Additional orthodontic element 2
- Additional orthodontic element 3
- Replacement of an aesthetic bracket
- Vestibular plate infant trainer
- Fixed braces aesthetic, nonligature Damon brackets 1 arch
- Fixed braces metal, non-ligature Damon brackets 1 arch
- Follow-up visit in the course of treatment with fixed braces with non-ligature Damon brackets – 1 arch
- One wire arch of fixed braces metal and crystal brackets
- One wire arch of fixed braces metal and crystal brackets Stage I
- One wire arch of fixed braces metal and crystal brackets Stage II
- Multi-P braces

- Multifunctional braces Molar rotator
- Expander braces
- TWIN-BLOCK braces with a screw modified
- TWIN-BLOCK braces with a screw modified Stage I
- TWIN-BLOCK braces with a screw modified Stage II
- Herbst hinge
- Herbst hinge Stage I
- Herbst hinge Stage II
- Carriere distalizer
- Guray / OBC wedging
- Fragmentary fixed braces
- Fixed braces 2D lingual brackets 1 arch
- Replacement of a 2D lingual metal bracket
- Follow-up visit fixed braces, 2D lingual brackets
- Braces repair, 1 arch wire replacement 2D lingual brackets
- Braces repair, 2 arch wires replacement 2D lingual brackets
- MALU appliance
- Wide-arch braces palatal arch
- Wide-arch braces tongue arch
   Fixed metal braces 2x4

Orthodontic acrylic splint

One wire arch of fixed braces

One wire arch of fixed braces

Replacement of an individual

One wire arch of fixed braces

System Benefit braces Stage I

System Benefit braces Stage II

Flexible orthodontic appliance

Follow-up visit in the course of

Attachment of a metal bracket

Attachment of a crystal bracket

Fixed aesthetic braces 2x4 Stage I

Fixed aesthetic braces 2x4 Stage II

One wire arch of fixed braces

One wire arch of fixed braces

One wire arch of fixed braces

Orthognathic treatment planning

nickel-free brackets Stage II

Plate denture for children

Retainer arch 1 tooth

nickel-free brackets Stage I

nickel-free brackets

Retention arch application

Fixed aesthetic braces 2x4

treatment with fixed partial braces

Tooth separation procedure

individual lingual brackets Stage II

individual lingual brackets Stage I

Wire arch replacement individual

individual lingual brackets

Class II corrector

lingual brackets

lingual bracket

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• Plate denture for children Stage I

Plate denture for children Stage II

Retainer arch 6 teeth

 Models for diagnostic or planning purposes – orthodontist

#### **Biological dentistry**

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a 15% discount off the price list of the facility for the following services:

- Saliva-Check Buffer (GC) test
- Streptococcus mutans saliva concentration using Saliva-Check Mutans (GC)
- Tri Plaque ID Gel (GC) control
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET standard (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET plus (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET deluxe (MIP PHARMA) method
- Tooth decay infiltration ICON (DMG)
- Minimally invasive tooth decay treatment using glass hybrid technology – EQUIA FORTE
- Application of bioactive dentin substitute – Biodentine (Septodont)
- Bioreconstruction of lost tooth tissue using ACTIVA (Pulpdent)

- Restoration of lost tooth tissue using BPA-free Gaenial
- Local application of MI VARNISH (GC) releasing bioavailable calcium, phosphate and fluoride
- Maintenance treatment using bioavailable calcium, phosphate and fluoride – GC MI Paste Plus
- Enamel remineralisation with a Tooth Mousse preparation

#### Periodontology

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

• Specialist periodontal consultation

In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:

- Treatment of oral mucosa lesions - ozonotherapy - doctor
- Simple curettage within 1/4 of dental arch
- Open curettage within 1 tooth
- Teeth immobilisation with wire ligature tooth
- Teeth immobilisation with composite splint 1 tooth
- Teeth immobilisation with composite splint with additional reinforcements

   1 tooth
- Biomaterial implantation procedure 1
- Emdogain implantation procedure 1 tooth
- Covering exposed teeth roots
   procedure
- Periodontal dressing
- Treatment of oral mucosa lesions – ozonotherapy – dental hygienist
- Biomaterial implantation procedure 2
- Biomaterial implantation procedure 3

- Emdogain implantation procedure 2 teeth
- Emdogain implantation procedure 3 teeth
- Gingivoplasty within 1 tooth
- Gingival osteoplasty within 1 tooth
- Periodontology Splinting of maxilla and mandible
- Periodontology Crown lengthening of a double-rooted tooth
- Periodontology Crown lengthening of a single-rooted tooth
- Periodontology Bone regeneration control
- Periodontology Gingival transplant
   up to 2 teeth
- Dental biostimulation laser
- NanoBone bone replacement material implantation procedure
- Oral cancer Vizilite screening test
- Root planning one arch
- Periodontology Crown lengthening (up to 6 teeth)
- Performance of a test for presence of pathogens causing periodontitis / periimplantitis

- Specialist periodontal consultation follow-up visit
- Covering exposed teeth roots procedure of 1 tooth area
- Covering exposed teeth roots procedure of a 2 teeth area
- Covering exposed teeth roots procedure of a 3 teeth area
- Periodontology Tunnelization
- Preparation of a written plan and costs of periodontal treatment
- Regular curettage within 1 tooth
- Root planning 1/2 arch
- Periodontology Flap (1 tooth)
- Vector periodontal apparatus procedure 2 arches
- Vector periodontal apparatus procedure 1 arch
- Vector prosthetic apparatus procedure 2 arches
- Vector prosthetic apparatus procedure 1 arch
- Vector prosthetic apparatus procedure 1 tooth (1 to 6 teeth)

#### Implantology

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

Specialist implantological consultation

#### In addition, the patient is entitled to a 10% discount off the price list of the facility for the following services:

- Implant splint with titanium positioners
- Implant uncovering with a healing screw 1 point
- Insertion of a micro implant
- Insertion of an Astra implant
- Insertion of a Straumann implant
- Removal of a micro implant



- Insertion of an Astra implant and support one-stage
- Insertion of a BEGO implant
- Removal of a permanent implant
- Insertion of Dentium implant
- Insertion of Neodent implant
- Insertion of Straumann SL Actve
   implant
- Implant splint, model
- Titanium bar on 6 implants
- Zirconium bar on implants 4–5 implants
- Zirconium bar on implants 4–5 implants Stage I
- Zirconium bar on implants 4–5 implants Stage II
- Zirconium bar on implants 6–8 implants
- Zirconium bar on implants 6–8 implants Stage I
- Zirconium bar on implants 6–8 implants Stage II
- Locator attachment on an implant
- Porcelain crown on implant, twostructure on steel

- Porcelain crown on implant, twostructure on steel Stage I
- Porcelain crown on implant, twostructure on steel Stage II
- Porcelain bridge on implants 1 arch
- Porcelain bridge on implants 1 arch Stage I
- Porcelain bridge on implants 1 arch Stage II
- Toronto acrylic bridge on implants 1 arch
- Toronto acrylic bridge on implants 1 arch Stage I
- Toronto acrylic bridge on implants 1 arch Stage II
- Porcelain bridge on implants with individual crowns 1 point
- Porcelain bridge on implants with individual crowns 1 point Stage I
- Porcelain bridge on implants with individual crowns 1 point Stage II
- Provisional immediate crown on an implant made by a technician
- Provisional immediate crown on an implant made by a dentist

- Renovation of Toronto acrylic bridge on implants, acrylic replacement
- Denture on 4 implants with locators
- Denture on 4 implants with locators Stage I
- Denture on 4 implants with locators Stage II
- Denture on 4 implants with a bar
- Denture on 4 implants with a bar Stage I
- Denture on 4 implants with a bar Stage II
- Denture on 2 implants with a bar
- Denture on 2 implants with a bar Stage I
- Denture on 2 implants with a bar Stage II
- Denture on 2 implants with locators
- Denture on 2 implants with locators Stage I
- Denture on 2 implants with locators Stage II

#### Treatment of functional disorders of the masticatory apparatus

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a 10% discount off the price list of the facility for the following services:

- Soft dental guard
- Hard dental guard

NTI dental guard

 Face-bow examination and placement in articulator with an MDI examination

#### Aesthetic dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a 10% discount off the price list of the facility for the following services:

- Diastema closure per tooth
- Tooth whitening using internal method 1 procedure
- Whitening of group of teeth using external method

   1 dental arch
- Teeth whitening using external method supplemental set
- Teeth whitening using external method 1 syringe

#### Tooth whitening Smile Laser 1 arch

- Tooth whitening Smile Laser 2 arches
- Tooth whitening Smile Laser supplementation
- Teeth whitening using external method – 1 syringe – dental hygienist
- Teeth whitening using external method – supplemental set – dental hygienist
- Teeth whitening Beyond lamp 1 dental arch
- Teeth whitening Beyond lamp 2 dental arches
- Whitening of group of teeth using external method – 1 dental arch using LED lamp

#### Dental X-ray (medium conforming with the standard applicable in a given medical facility):

The service includes provision of the following services in outpatient Medical Facilities indicated by LUX MED, based on a referral from a dentist from these facilities, and includes the following services:

Single tooth X-ray

Panoramic X-ray

#### Guarantee

The patient is provided with a 24-month guarantee for final conservative fillings used in permanent teeth. A precondition to obtaining the guarantee is to attend follow-up visits in outpatient Medical Facilities indicated by LUX MED at least once in the 12-month Agreement term or according to an individually agreed schedule, and undergo tartar and deposit removal and fluoride treatment procedures once in the 12-month Agreement term or according to an individually agreed schedule in outpatient Medical Facilities indicated by LUX MED, compliance with dentist's recommendations, maintaining oral hygiene as instructed by the dentist and/or dental hygienist.



Note: The guarantee does not cover conditions occurring as a result of: non-attendance at follow-up and prophylaxis visits, non-compliance with dentist's recommendations, mechanical injuries, accidents, missing posterior teeth (lack of support zones), pathological dental wear (bruxism) or other functional impairments of the masticatory apparatus, physiological bone atrophy and periodontal lesions, general co-morbidities affecting the stomatognathic system (diabetes, osteoporosis, epilepsy, history of radiotherapy and chemotherapy), or temporary fillings (e.g. provided until a prosthesis is prepared).

The Dentistry Option III service does not cover services provided under general anaesthesia.



The service is carried out by an Emergency Physician at the Patient's place of residence if the place of residence is within the current territorial range of home visits, only in medically justified cases where the Patient is unable to get to the outpatient Medical Facility indicated by LUX MED, excluding direct life-threatening situations. Reasons making it impossible for the Patient to report to the clinic do not include, among others: inconvenient access to the outpatient Medical Facility indicated by LUX MED, the need to obtain a prescription or issue a medical certificate for sick leave.

A house call is an emergency service provided solely on the visit request day and aimed at making a diagnosis and starting treatment, whereas treatment continuation and follow-up visits take place in outpatient Medical Facilities indicated by LUX MED. In the case of a home visit, it is impossible to freely choose a physician. A house call request is accepted or refused by a medical dispatcher indicated by LUX MED based on the information provided.

The current territorial coverage of home visits can be found at www.luxmed.pl. In cities where home visits are not provided, the Patient will be reimbursed. Details of reimbursement can be found on the above website. Reimbursement shall be considered reasonable only after the Patient has been qualified for a home visit by the dispatcher.



### Second Medical Opinion

The service provided in cooperation with WorldCare International Inc. with its registered office in Boston (Massachusetts; the U.S.) enables you to discuss your diagnosis and treatment plan with specialists collaborating with internationally recognised academic medical centres in the U.S. comprising the WorldCare Consortium, the list of which is available on the website https://www.worldcare.com/worldcare-consortium-2/, and to obtain a second medical opinion without leaving Poland. The opinion is issued for the following illnesses and conditions in which a diagnosis was made, injury was found or the need to perform surgical treatment or procedure was identified:

- Cancer
- Heart attack
- Coronary artery disease requiring surgery
- Coma
- Stroke
- Multiple sclerosis
- Paralysis
- Chronic obstructive pulmonary disease
- Emphysema

- Inflammatory bowel diseaseChronic liver disease
- Renal insufficiency
   Chronic Pelvic Pain
- Chronic Pelvic Pain
- Diabetes
- Thrombophlebitis and embolism
- Any amputation
- Rheumatoid arthritis
- Major burns
- Sudden blindness due to sickness

- Major organ transplantation
- Neuro-degenerative disease/ Alzheimer's disease
- Deafness
- Hip and knee replacement
- Loss of speech
- Major trauma
- Parkinson's disease

Each submission falling within the above scope is comprehensively analysed in leading medical centres in the U.S. The team of specialists, on the basis of medical records as well as imaging and histopathological examination results, reviews the diagnosis and treatment plan suggested by the primary doctor of the Patient, and then presents a detailed report which may confirm the previous diagnosis and the way of treatment or recommend changing them. The report contains the description of the case, diagnosis, recommendations for further treatment, the list of questions to be discussed by the Patient with his/her physician, information on the specialist and institution issuing a second medical opinion – translated into Polish, as well as data on the latest scientific research and educational materials concerning the case. As part of the service, the Patient may, within 30 days from receiving a second medical opinion, ask additional questions referring to a given illness, the answer to which will be provided electronically. If necessary, in order to discuss the case of the Patient, there is a possibility of holding audio conference between the primary doctor and the specialist issuing a second opinion.

In order to get a second medical opinion, contact WorldCare in Poland by calling 22 133 65 01.

Note: In order to use the Medical Second Opinion service, the Patient must be eligible to receive Health Services under the Benefit Plan covering this service for an uninterrupted period of at least 90 days.



#### Insurance against medical treatment costs during travel

Insurance cover is provided for all countries in the world except for the Republic of Poland and the Insured's country of residence provided that a single stay of the Insured outside of the Republic of Poland or the Insured's country of residence does not exceed 180 days. Insurance against medical treatment costs covers any costs essential to restore health to allow the Insured to return to the Republic of Poland or the Insured's country of residence.



The scope ang amounts of Insurance:

Scope of insurance	Liability limit
Consequences of an accident (death, disability, damage to one's health)	PLN 200,000 in the case of death PLN 100,000 for 100% damage to one's health PLN 1 000 for 1% damage to one's health
Treatment and assistance costs (described in the Special Terms and Conditions of	
Insurance)	PLN 300,000
Sublimit for dental treatment costs	PLN 2000
Private liability insurance against personal injury and property damage	PLN 200,000
Travel luggage:	
- loss, damage or destruction	PLN 5,000
- delay in baggage delivery (at least a 4-hour delay, reimbursement of documented	1 11 3,000
purchase costs for essential items incurred by the Insured)	PLN 1,000

The insurance also covers:

- risks associated with sports, including but not limited to: skiing, snowboarding, windsurfing, kitesurfing and diving without an aqualung;
- costs of treatment associated with pregnancy and complications during pregnancy until the 32nd week of pregnancy;
- exacerbations and complications of all chronic diseases;
- costs of treatment in the event of unexpected war or act of terror.

In order to join insurance against medical treatment costs during foreign travel one needs to sign up via the application form available at www.turystyka.allianz.pl/luxmed.

Detailed information concerning the insurance and rules regarding entering into the insurance agreement can be found in the Special Terms and Conditions of Insurance during foreign travels for LUX MED Key Customers; information for the patient available at <u>www.luxmed.pl</u>.

# LUX MED Hospital Insurance - Coordination

The insurance ensures Hospital Care Coordination in case of an event causing the necessity to use the Hospital's medical services, in particular when the Insured receives a referral for hospital treatment or a planned delivery.

The support of the Hospital Care Coordination team includes the coordination of the Insured's hospitalization, among others in the following scope:

- presenting a proposal for Hospitalization and arranging a stay in accordance with the Insured's choice,
- assistance in arranging diagnostics and consultations qualifying for Hospitalization,
- monitoring of diagnostics and consultations realization by the Insured,
- coordination of medical documents circulation between the Insured and the Hospital,
- providing information on the current status of medical procedures being performed to a person authorized to receive medical information about the Insured,
- making an appointment for a follow-up visit after a stay at the Hospital,
- making appointments according to the Physician's recommendations for diagnostics or physiotherapy after Hospitalization,
- arranging Medical Transport resulting from medical indications.

Hospital Care Coordination is carried out in Hospitals indicated on the website www.luxmed.pl/ubezpieczenia/oferta-/koordynacja-opieki-szpitalnej-dlaklienta-indywidulanego-i-korporacyjnego

The costs of services provided by Hospitals are covered by the Insured.

#### **VIP Patient's Personal Assistant**

Each Patient is assigned a VIP Patient's Personal Assistant. The Assistant contacts the Patient regularly by phone, arranges examinations and medical consultations in selected outpatient Own Facilities.

#### 10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a **10% discount** on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on www.luxmed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

#### 10% discount on medical procedures provided in PROFEMED

The Patient is entitled to a **10% discount** on all medical procedures provided in PROFEMED facilities. Information about the rendered services is available on www.profemed.pl. The discount is calculated from the price list available in the facility. Discounts may not be combined.

\* Standard – commonly available and commonly used in Poland

This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.