

# Comprehensive package

For those with expired corporate schemes



The Comprehensive Package is intended for patients aged 71 and older who expect the highest level of healthcare. The Comprehensive Package provides you with **a broad range of medical services**, which includes **appointments and consultations with specialists, outpatient procedures, diagnostic tests and examinations, imaging scans and home visits**. You can also feel safe when travelling abroad with our medical insurance.

Payment options	Amount of instalment
Payment in 12 instalment (monthly)	565,00 PLN
Payment in 4 instalments (every 3 months)	1 644,00 PLN
Payment in 2 instalments (every 6 months)	3 226,00 PLN
Lump payment	6 149,00 PLN
<b>Monthly rate in a case of annual payment</b>	<b>512,00 PLN</b>

The contract is concluded for 12 months

## Comprehensive Package:

Scope of medical care	
Telephone Medical Assistance	•
Online Consultations	•
Healthcare specialists consultations	•
Healthcare specialists consultations (27)	•
Dietician consultations – option I	•
On-duty physician consultations	•
Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist	•
Influenza and tetanus vaccinations	•
Nursing procedures	•
Outpatients procedures (79)	•
Laboratory test panel (no referral needed)	•
Laboratory and imaging diagnostics (705)	•
Allergy tests	•
Physiotherapy - option II	•
Preventive health check – option I	•
Home visits	•
Dentistry – option II	•
Second Medical Opinion	•
Insurance against medical treatment cost during travel	•
LUX MED Hospital Insurance - Coordination	•
10% discount on other services offered by LUX MED and Medycyna Rodzinna	•
10% discount on medical procedures provided in PROFEMED	•
Access to LUX MED Group's (LUX MED and Medycyna Rodzinna) own facilities listed at <a href="http://www.luxmed.pl">www.luxmed.pl</a>	•
<b>Nationwide network of partner facilities listed at <a href="http://www.luxmed.pl/placowkiwspolpracujace">http://www.luxmed.pl/placowkiwspolpracujace</a></b>	•

\* The detailed list of services which are the part of the Package is defined in Detailed definitions of services. The presented table is only a dictionary of services available in the Package.

## Detailed definitions of the services



### Telephone Medical Assistance

The Telephone Medical Assistance is a Healthcare service provided by the healthcare organisation LUX MED in situations requiring urgent advice, through IT or telecommunication systems. The service includes the possibility of receiving Telephone Medical Assistance provided by medical specialists (physicians, nurses) in the scope of internal medicine/family medicine/paediatrics/nursing using the LUX MED's nationwide infoline, 24 hours a day. In medically justified cases, a medical specialist may refer the Patient to an outpatient medical consultation, decide to call an ambulance, or refer the Patient for urgent admission to the Hospital Emergency Department.

*Note: No e-Prescriptions for vaccines, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) and no referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Telephone Medical Assistance. The provision of services in the form of Telephone Medical Assistance is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Telephone Medical Assistance. The Patient cannot make Telephone Medical Assistance service available to other individuals. The Patient bears full civil and criminal liability for the fact that the data provided are consistent with the facts. A Telephone Medical Assistance does not replace an emergency service in a state of life or health threat. A Telephone Medical Assistance does not replace an outpatient consultation because it does not enable direct examination. The final decision to issue an e-Prescription/e-Sick Leave during a Telephone Medical Assistance is at the discretion of the physician who may refuse to issue an e-Prescription/e-Sick Leave, based on medical indications and the Patient's welfare.*



## Online Consultations

The Online Consultation is a Healthcare service provided by the healthcare organisation LUX MED through IT or communication systems. LUX MED enables the Patients an interactive individual consultation with a medical specialist (doctor, midwife or nurse) via means of distance communication i.e. the Patient Portal. The Patients with full access to the Patient Portal may benefit from Online Consultations. Time accessibility of Online Consultations with a doctor, a midwife and a nurse is a consequence of the schedule of medical specialists and is visible under "Online Consultation" ("Konsultacje online") tab. The Patient can choose a communication channel: video, audio or text.

Since medical specialists answering questions have access to the medical records of the Patient, in situations of medical necessity, they can order specific tests or refer the Patient to a different specialist. Online Consultation is exclusively available for the Patient who has logged in the Patient Portal and the content of Online Consultation is saved and constitutes a part of the medical documentation of the Patient. Online Consultations include listed below medical specialists consultations which do not require contact with a specialist in person.

The service covers Online Consultations in the following scope:

- internal medicine/family medicine (from the age of 18 years)
- pediatrics (under the age of 18 years)
- obstetrics
- pediatric nursing

Note: Online Consultation with a specialist does not replace an outpatient consultation because it does not enable direct examination. In order to use the Online Consultation, the Patient after logging into the account on the Patient Portal in the "Online Consultations" tab sets himself in the queue waiting to use the service. The provision of services in the form of Online Consultations is only for the benefit of a Patient who has concluded the Agreement or who is indicated as a person entitled to Healthcare services under Online Consultations. The Patient cannot make Online Consultation service available to other individuals. The Patient bears full civil and criminal liability for the fact that the data provided are consistent with the facts.

Within the Online Consultations the Patient receives a Healthcare service, and as a part of that service may be issued: a referral for diagnostics, a referral to another specialist for the purpose of obtaining another Telemedicine Advice or a referral to another specialist in order to obtain a Healthcare service as part of an outpatient service, an e-Prescription for drugs for the continuation of chronic treatment, a de novo e-Prescription based on medical records and medical indications arising in the course of a Online Consultation, or a medical certificate for medical indications. In medically justified cases, while carrying out Online Consultation, a medical specialist may refuse to give advice at a distance and refer the Patient to an outpatient consultation with a doctor, a nurse or a midwife. No e-Sick Leaves and referrals for examinations using ionising radiation, biopsies, endoscopic examinations and exercise tests are issued during Online Consultations. The final decision to issue an e-Prescription during Online Consultation is at the discretion of the physician who may refuse to issue an e-Prescription based on medical indications and the Patient's welfare. No e-Prescriptions for vaccines, potent drugs, drugs that can cause addiction and postcoital contraception (emergency contraception) are issued during Online Consultation.



## Healthcare specialists consultations

The service covers unlimited consultations in outpatient Medical Facilities indicated by LUX MED in the following situations: an illness and emergency medical assistance.

The service includes: medical history taking, physician's advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment and refers to consultations within the following scope:

- Internal medicine
- Family doctor

Note: The service Healthcare specialists consultations – basic option does not include consultation of physicians on duty, physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor).



## Healthcare specialists consultations

The service covers an unlimited access to consultations with physicians in outpatient Medical Facilities indicated by LUX MED in such cases as onset of an illness, emergency medical assistance and general medical advice. Specialist consultations include an interview, advice by a specialist along with the basic activities necessary to make the diagnosis, taking the appropriate therapeutic decision and treatment monitoring.

Visits without a referral relate to consultations within the following scope:

- allergology
- general surgery
- vascular surgery
- surgical oncology
- infectious diseases
- dermatology
- diabetology
- endocrinology
- gastroenterology
- gynaecology
- gynaecological endocrinology
- haematology
- hepatology
- immunology
- cardiology
- laryngology
- nephrology
- neurosurgery
- neurology
- ophthalmology
- oncology
- orthopaedics
- proctology
- pulmonology
- rheumatology
- medical rehabilitation
- urology

Note: The service Healthcare specialists consultations – option III does not include consultation of physicians on duty, physicians with the degree of "doktor habilitowany" (associate professor) or the scientific title of "profesor" (professor) as well as physicians holding the positions of "docent" (assistant professor), "profesor nadzwyczajny" (associate professor) and "profesor zwyczajny" (full professor). Other consultations are also paid.



## Dietician consultations - option I

The service entitles the Patient to attend 3 dietary consultations without a referral within a 12-month term of the agreement, including interview, dietary recommendations (without creating an individual diet) in outpatient Medical Facilities indicated by LUX MED.



## On-duty physician consultations

The service includes exclusively basic emergency assistance in a sudden onset of an illness or in injuries requiring initial dressing which have occurred within 24 hours preceding the receipt of a consultation request by LUX MED. On-duty doctors are available within the working hours of outpatient Medical Facilities indicated by LUX MED separately, only on the day of reporting it.

The service does not include healthcare services provided to save life and health in accordance with the National Medical Rescue Act (Journal of Laws 2006.191.1410, as amended).

The service includes: medical history taking, physician's advice and basic procedures necessary for making an initial diagnosis, taking an appropriate therapeutic decision and refers to consultations within the following scope (provided that the consultations are available in the facility):

- Internal medicine
- Family doctor

**Patients over 18 years of age**, additionally (if the consultations are available in the clinic):

- general surgery
- orthopaedics



## Specialists consultations: psychiatrist, psychologist, andrologist, sex therapist, speech therapist

The service entitles the Patient to attend a total of 3 consultations within a 12-month term of the agreement in outpatient Medical Facilities indicated by LUX MED, within the following scope:

Visits without a referral relate to consultations within the following scope:

- psychiatry
- psychology
- sex therapy
- andrology
- speech therapy

*Note: This includes: medical history taking, specialist advice and basic procedures necessary for making a diagnosis, taking an appropriate therapeutic decision and monitoring of treatment. The service does not include professor consultations, neuro speech therapy or speech therapy in deaf and hearing-impaired patients or conducting therapy.*



## Nursing procedures

Services including basic measurements, minor procedures, including diagnostic ones, performed by a nurse or midwife on their own or according to the physician's order, in line with their competences, in outpatient Medical Facilities indicated by LUX MED. The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

### Nursing procedures include:

#### Outpatient nursing procedures:

- Intravenous injection
- Subcutaneous/intramuscular injection
- Emergency drip administration
- oral medicine administration in emergency cases
- Body temperature measurement (no referral needed)
- Placement/change/removal - small dressing
- Blood drawing
- Blood pressure measurement (no referral needed)
- Height and body weight measurement (no referral needed)
- Office-based midwife service – palpation of the breast

*Note: Medical materials and products, such as: dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient*



## Outpatient procedures

The services including basic measurements and procedures (including the diagnostic ones) not requiring hospitalisation and operating room regimen. Performed in accordance with the competences by a physician or a nurse or an obstetrician during a procedure-specific consultation or beyond the medical consultation, in outpatient Medical Facilities indicated by LUX MED.

The scope of outpatient consultation procedures depends on the range of physician consultation which the Patient is entitled to within the scope of provided services, the age of the Patient and on the availability of a given procedure in an outpatient Medical Facility indicated by LUX MED.

**Outpatient procedures include:**

**Outpatient general medical procedures:**

- Blood pressure measurement
- Height and body weight measurement
- Non-surgical tick removal

**Outpatient surgical procedures:**

- Suturing of a wound up to 1,5 cm
- Surgical tick removal
- Non-surgical tick removal
- Placement/change/removal – small dressing (not requiring surgical debridement)
- Removal of another foreign body without incision
- Suture removal in a treatment room after procedures performed
- inpatient Medical Facilities indicated by LUX MED
- Suture removal after procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor’s assessment (we do not remove stitches after childbirth)
- stitching a wound of up to 3 cm (in emergency situations requiring immediate help);
- Removal of a boil / small skin abscess (up to 2 cm).
- Classical surgical excision of a skin lesion of up to 1,5 cm due to medical indications (does not include lesions excised due to aesthetic, plastic indications) with standard histopathological examination – specimen from the skin lesion removed

**Outpatient laryngological procedures:**

- Eustachian tube examination, insufflation
- Catheterisation of the Eustachian tube
- Ear irrigation
- Removal of a foreign body from the nose/ear
- Simple laryngological dressing
- Coagulation of blood vessels of the nasal septum
- Electrocoagulation of blood vessels of the nasal septum
- Nasal tamponade removal
- Bilateral dressing of nasal hemorrhage
- Unilateral dressing of nasal hemorrhage
- Suture removal in a treatment room after laryngological procedures performed in outpatient Medical Facilities indicated by LUX MED
- Suture removal after laryngological procedures performed outside of outpatient Medical Facilities indicated by LUX MED – qualification based on the LUX MED doctor’s assessment;
- Nasal administration of mucosa-shrinking medicine as needed
- Application/change/removal of a drain in the ear canal
- Laryngeal clisis
- Incision of the lingual frenulum in the oral cavity
- Incision of haematomas of the nasal septum
- Incision of auricular haematomas
- Closed reduction of the nose
- Sinus rinse

**Outpatient ophthalmologic procedures:**

- Standard\* ocular fundus examination
- Corrective lens selection (excludes varifocal lenses)
- Gonioscopy (iridocorneal angle assessment)
- Removal of a foreign body from the eye
- Visual acuity examination
- Standard\* autorefractometry
- Medicine instillation into the conjunctival sac
- Standard\* intraocular pressure measurement
- Standard\* stereoscopic vision examination
- Lacrimal duct irrigation (refers to: Patients over 18 years of age)

**Outpatient orthopaedic procedures:**

- Adjustment of small orthopaedic devices – small joints
- Reposition of a dislocation or fracture
- Preparation: traditional cast – tape
- Intra-articular injection and peri-articular injection
- Intra-articular puncture – taking sample material for examination
- Plaster cast application
- Lower limb plaster cast removal
- Upper limb plaster cast removal
- Intra-articular and peri-articular block;
- Placement/change/removal - small dressing
- Adjustment of small orthopaedic devices – big joints
- Dessault type immobilisation (small/large)
- Placement of a jacket type traditional plaster cast

**Outpatient dermatological procedures (do not include lesions removed due to aesthetic, plastic indications):**

- Standard\* dermatoscopy
- Dermatological procedure – cutting and coagulation of skin fibromas
- Aesthetic cryotherapy dermatological procedure 1 to 6 lesions
- Aesthetic electrotherapy dermatological procedure 1 to 6 lesions
- Aesthetic cryotherapy dermatological procedure 7 to 10 lesions
- Aesthetic electrotherapy dermatological procedure 7 to 10 lesions

**Outpatient gynaecological procedures:**

- Standard\* sample collection for Pap smear
- Removal of an intrauterine contraceptive device
- Insertion of an intrauterine contraceptive device

- Cervical and vulvar procedures by cryocoagulation
- Cervical procedures by cryocoagulation – cervical erosion treatment

#### Outpatient allergological procedures:

- Desensitisation with allergist consultation

#### Anaesthesia

- Local (infiltration or permeation) anaesthesia
- Local (topical) anesthesia for endoscopy

#### Biopsy with standard histopathological examination – fine-needle biopsy material

- Fine-needle biopsy – skin / subcutaneous tissue
- Fine-needle biopsy – breast
- Fine-needle biopsy – thyroid gland
- Fine-needle biopsy – lymph nodes
- Fine-needle biopsy - salivary gland

#### Other

- Foley catheter removal
- Performing an enema
- Foley catheter application

*Note: Medical materials and products, such as: traditional plaster cast, dressings, bandages, cannulae, syringes, swabs, adhesive strips, needles, serum - tetanus antitoxin, disinfectants, surgical sutures and threads, used for the above procedures are free of charge. Other products used in the above procedures need to be paid for by the Patient.*



### Influenza and tetanus vaccinations

As part of infectious disease prevention, the service includes vaccinations against seasonal flu and administer tetanus anatoxin (anti-tetanus anatoxin).

#### The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).

Flue vaccinations are performed in outpatient Medical Facilities indicated by LUX MED.



### Additional recommended preventive vaccinations

The service is available within the additional prophylaxis of infectious diseases in outpatient Medical Facilities indicated by LUX MED, following referral issued by a physician of the abovementioned Clinic. The service covers the following vaccinations (this also refers to combination vaccines) against:

- Tick-borne encephalitis
- Hepatitis A
- Hepatitis A and B
- Rubella, mumps, measles

#### The service includes:

- Medical consultation before vaccination
- Vaccine (the medicinal product)
- Performance of a nursing service (injection).



### Laboratory test panel (no referral needed)

The service is only available for the Patient over 18 years of age and is provided only in outpatient Medical Facilities indicated by LUX MED. The service includes a one-time performance of a panel of laboratory tests, composed of the following items, without a referral from a physician (within 12 months of the term of the agreement):

- Urine – general analysis
- Blood count + platelet count + automated smear
- Total cholesterol
- Fasting glucose
- Standard\* Pap smear (available for Patients over 16 years of age)



### Laboratory and imaging diagnostics

This includes the following laboratory, imaging and functional diagnostic tests performed in outpatient Medical Facilities indicated by LUX MED. The number of performed tests is unlimited. All diagnostic tests and examinations available within the service are performed following referrals issued by physicians from outpatient Medical Facilities indicated by LUX MED, only based on medical indications as part of a diagnostic and therapeutic process conducted in these Medical Facilities.

## Laboratory diagnostics:

### Haematology and coagulology tests with taking test samples (blood):

- Absolute eosinophil count
- Blood count + platelet count + automated smear
- ESR
- Manual blood smear
- Platelets
- INR / Prothrombin time
- Thrombin time – TT
- D – dimers
- APTT
- Fibrinogen
- S protein free
- antithrombin III
- C protein activity

### Biochemical and hormonal tests, tumour marker tests with taking test samples (blood):

- CRP quantitative
- GPT/ALT transaminase
- GOT/AST transaminase
- Amylase
- Albumins
- Total protein
- PAPP – a protein
- Total bilirubin
- Direct bilirubin
- Chlorides (Cl)
- Cholesterol
- HDL cholesterol
- LDL cholesterol
- Directly measured LDL cholesterol
- CK (creatin kinase)
- LDH – Lactate dehydrogenase
- Alkaline phosphatase
- Acid phosphatase
- Phosphorus (P)
- GGTP
- Glucose tolerance test (4 points, 75 g, 0, 1, 2, 3 h)
- Fasting glucose
- Glucose 120' after a meal
- Glucose 60' after a meal
- Glucose 75 g, 4-hour glucose challenge test
- Glucose 75 g, 5-hour glucose challenge test
- Creatinine
- Uric acid
- Lipid profile (CHOL, HDL, LDL, TG)
- Magnesium (Mg)
- Urea/blood urea nitrogen, BUN
- Potassium (K)
- Protein profile
- Sodium (Na)
- Triglycerides
- Calcium (Ca)
- Iron (Fe)
- Immunoglobulin IgE (total IgE)
- Immunoglobulin IgA
- Immunoglobulin IgG
- Immunoglobulin IgM
- Folic acid
- Vitamin B12
- TIBC – total iron binding capacity (alternative to Fe saturation)
- Iron / Fe 120 mins after administration (absorption curve)
- Iron / Fe 180 mins after administration (absorption curve)
- Iron / Fe 240 mins after administration (absorption curve)
- Iron / Fe 300 mins after administration (absorption curve)
- Iron / Fe 60 mins after administration (absorption curve)
- Ferritin
- Caeruloplasmin
- Transferrin
- Thyroglobulin
- Apolipoprotein A1
- Lipase
- 17 – OH Progesterone
- Aldosterone
- Copper
- Cortisol in the afternoon
- Cortisol in the morning
- Prolactin 120' after administration MCP 1 tablet
- Prolactin 30' after administration of MCP 1 tablet
- Prolactin 60' after administration of MCP 1 tablet
- Prolactin
- TSH / hTSH
- Estradiol
- FSH
- Free T3
- Free T4
- Total Beta-hCG
- LH
- Progesterone
- Testosterone
- Free testosterone
- AFP – alpha-fetoprotein
- Free PSA
- Total PSA
- CEA – carcinoembryonic antigen
- CA 125
- CA 15.3 – breast cancer antigen
- CA 19.9 – digestive cancer antigen
- Alpha-1 – antitrypsin
- Alpha-1 acid glycoprotein (Orosomuoid)
- Androstendione
- $\beta$ 2 microglobulin
- Caeruloplasmin
- Cholinesterase
- Blood-cell cholinesterase / Blood-cell acetylcholinesterase
- Zinc
- Dehydroepiandrosterone (DHEA)
- DHEA – S
- Zinc protoporphyrin (ZnPP)
- Erythropetin
- Free estriol
- Prostatic acid phosphatase
- Alkaline phosphatase – bone fraction
- Gastrin
- Haptoglobin
- Hb A1c – Glycated haemoglobin
- Homocysteine
- Adrenocorticotrophic hormone (ACTH)
- Growth hormone (GH)
- IGF – BP 3
- Insulin / Insulin 120'
- Insulin / Insulin 60'
- Fasting insulin
- Insulin – 1 hour after 75 g glucose ingestion
- Insulin – 2 hours after 75 g glucose ingestion
- Insulin – 3 hours after 75 g glucose ingestion
- Insulin – 4 hours after 75 g glucose ingestion
- Insulin – 5 hours after 75 g glucose ingestion
- CK – MB activity
- CK – MB mass
- Calcitonin
- Creatinine clearance
- Myoglobin
- Osteocalcin (bone formation marker)
- Parathyroid hormone
- C-peptide
- Occult iron binding capacity (UIBC)
- Vitamin D3 – 25-OH metabolite
- Total T3
- Total T4
- Somatomedin – (IGF – 1)
- PSA panel (PSA, FPSA, FPSA / PSA index)

- Reticulocytes
- SCC – squamous cell carcinoma antigen
- SHBG

- Kappa light chains in serum
- Lambda light chains in serum
- Cystatin C
- Macroprolactin

- Renin activity of plasma
- ACE
- Apo A1
- Aldolase

#### Serology tests and infection diagnostics with taking test samples (blood):

- Basic syphilis serology (VDRL or USR or anti-TP), formerly WR
- ASO quantitative
- ASO qualitative
- RF – Rheumatoid Factor – quantitative
- Waaler-Rose test
- BTA test
- Blood group (AB0), Rh factor and antibody screening
- Immune antibody screening / alloantibodies (replaces anti-Rh +/- antibodies)
- HBs Ag/antigen
- A-microsomal/anti-TPO antibodies
- Antithyroglobulin / anti-TG antibodies
- CMV antibodies IgG
- CMV antibodies IgM
- HBs Ab/antibodies;
- HCV Ab/antibodies
- Helicobacter pylori IgG, quantitative;
- HIV-1/HIV-2
- EBV/mononucleosis – latex
- EBV / mononucleosis IgG
- EBV / mononucleosis IgM
- Rubella IgG
- Rubella IgM
- Toxoplasma IgG
- Toxoplasma IgM
- Chlamydia trachomatis IgA antibodies
- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- HBc Ab IgM
- C1 – inhibitor
- C1 – inhibitor (activity)
- Complement component 3 (C3)
- Complement component 4 (C4)
- Anti-HAV – IgM
- Anti-HAV – total
- Lupus anticoagulant
- Echinococcosis (Echinococcus granulosus) IgG
- Borreliosis (Lyme disease) IgG
- Borreliosis IgG Western-blot method (confirmatory test)
- Borreliosis (Lyme disease) IgM
- Borreliosis IgM Western-blot method (confirmatory test)
- Brucellosis – IgG
- Brucellosis – IgM
- Ascaris lumbricoides (ASCARIS) IGG
- Cytomegaly – IgG avidity test
- HBc Ab total
- HBe Ab
- Hbe Ag
- HSV / Herpes 1 and 2 – IgG – qualitative
- HSV / Herpes 1 and 2 – IgM – qualitative
- hsCRP
- Mycoplasma pneumoniae – IgG
- Mycoplasma pneumoniae – IgM
- FTA test
- TPHA test
- HLA B27 antigen assay
- Anti-neutrophil cytoplasmic antigen antibody ANCA (pANCA and cANCA), method: IIF
- Antibodies against striated muscles and cardiac muscle (myasthenia gravis), method: IIF
- Anti-nucleosome antibodies (ANuA) (IMMUNOBLOT)
- Anticardiolipin antibodies – IgG
- Anticardiolipin antibodies – IgM
- Anticardiolipin antibodies – IgG and IgM
- Anti-liver kidney microsomal antibodies (Anti-LKM), method: IIF
- Anti-tGT (anti-tissue transglutaminase) IgA antibodies, method: ELISA
- Anti-tGT (anti-tissue transglutaminase) IgG antibodies, method: ELISA
- Anti-beta-2-glicoprotein I IGG antibodies
- Anti-beta-2-glicoprotein I IGM antibodies
- Anti-beta-2-glicoprotein IgG and IgM antibodies (total)
- Anti-CCP antibodies
- IgA antibodies to endomysium and gliadin (total), method: IIF
- IgG antibodies to endomysium and gliadin (total), method: IIF
- IgA and IgG antibodies to endomysium and gliadin (total), method: IIF
- Anti-phosphatidylinositol IgG antibodies
- Anti-phosphatidylinositol IgM antibodies
- Antibodies to adrenal cortex
- Anti-tGT (anti-tissue transglutaminase) IgG and IgA antibodies, method: ELISA
- Antibodies to pancreatic islets, pancreatic exocrine cells and goblet cells in intestines, method: IIF
- Coxackie antibodies
- Chlamydia pneumoniae IgA antibodies
- Chlamydia pneumoniae IgG antibodies
- Chlamydia pneumoniae IgM antibodies
- Antibodies to Castle's intrinsic factor and anti-parietal cell antibodies (APCA), method: IIF
- Antibodies to double-stranded / native DNA – dsDNA (nDNA)
- Endomysium IgA antibodies – EmA IgA
- Endomysium IgG antibodies – EmA IgG
- Endomysium IgG, IgA antibodies – EmA
- Anti-gliadin IgG and IgA (AGA) antibodies (total), method: IIF
- IgA anti-gliadin antibodies – AGA
- IgG anti-gliadin antibodies – AGA
- Anti-nuclear and anti-cytoplasmic antibodies (ANA1), screening, method: IIF
- Antibodies to myocardial cells (HMA)
- Anti-parietal cell antibodies (APCA), method: IIF
- Anti-smooth muscle antibodies (ASMA)
- Anti-mitochondrial antibodies (AMA)
- Anti-mitochondrial antibodies (AMA) type M2
- Liver panel antibodies – (anti-LKM, anti-LSP, anti-SLA), method: IIF
- Full liver panel antibodies (ANA2, AMA, ASMA, anti-LKM, anti-LSP, anti-SLA), method: IIF, DID
- Antibodies to acetylcholine receptors (AChR-Ab)
- Antibodies to TSH receptors (TRAb)
- Anti-nuclear (including histone, Ku, rib-P-Protein) antibodies (ANA3), method: Western blot
- Anti-nuclear and anti-cytoplasmic antibodies (ANA2), method: IIF, DID
- Pertussis – IgA
- Pertussis – IgG



- Pertussis – IgM
- Listeriosis – qualitative
- Pneumocystosis IgG – quantitatively
- Pneumocystosis IgM – quantitatively
- Toxoplasmosis – IgG avidity test
- Toxocariasis IgG (semi-quantitative)
- Mumps – IgG
- Mumps – IgM
- SLE – semi-quantitative
- Syphilis serology – FTA – ABS confirmatory test
- Antibodies to dsDNA method: IIF
- Bile duct antibodies, method: IIF
- Anti-liver cytosol antibodies Type 1 (anti-LC1), method: Western blot

- Anti-reticulin antibodies (ARA) IgA, method: IIF
- Anti-reticulin antibodies (ARA) IgG, method: IIF
- Anti-reticulin antibodies (ARA) IgA and IgG (total), method: IIF
- Antibodies against striated muscles, method: IIF
- Anti-glomerular basement membrane (GBM) antibodies and anti-alveolar basement membrane (ABM) antibodies, method: IIF
- Anti-Saccharomyces cerevisiae antibodies (ASCA) IgG, method: IIF
- Antibodies to pemphigus and pemphigoid, method: IIF
- Antibodies to Ascaris lumbricoides, IgG

- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgA+IgG
- Anti-endomysial, anti-reticulin and anti-gliadin antibodies, IgG
- Anti-endomysial and anti-reticulin IgA antibodies
- Anti-endomysial and anti-reticulin IgG antibodies
- Tick-borne encephalitis IgM antibodies
- Trichinosis, IgG
- Glutamic acid decarboxylase (anti-GAD) antibodies
- Tyrosine phosphatase (IA2) antibodies

#### Urine tests with taking test samples (urine):

- Urine – general analysis
- Vanillylmandelic acid (VMA) in urine
- Urine protein
- Total protein / 24-hour urine collection
- Phosphorus in urine
- Phosphorus in urine / 24-hour urine collection
- Creatinine in urine
- Creatinine – urine / 24-hour urine collection
- Uric acid in urine / 24-hour urine collection
- Uric acid in urine
- Magnesium / Mg in urine
- Magnesium / Mg / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine / 24-hour urine collection
- Urea/blood urea nitrogen, BUN in urine
- Sodium/Na in urine
- 17 - ketosteroids in 24-hour urine collection

- Sodium/Na in urine / 24-hour urine collection
- Calcium in urine
- Calcium/Ca in urine / 24-hour urine collection
- Delta - aminolevulinic acid (ALA)
- Delta - aminolevulinic acid (ALA) in 24-hour urine collection
- Potassium (K) — urine
- Potassium (K) — urine/ 24-hour urine collection
- Catecholamines (noradrenaline, adrenaline) in a daily urine sample
- Cortisol in 24-hour urine collection
- Metoxycatecholamines in 24-hour urine collection
- Lead/Pb in urine
- Albumin in 24-hour urine collection
- Albumin / Albumins
- Aldosterone in 24-hour urine collection
- Amylase in urine
- Bence–Jones protein in urine

- Chlorides / Cl in urine
- Chlorides / Cl in urine / 24-hour urine collection
- Urine glucose and ketones
- Cadmium in blood
- Coproporphyrins in urine
- 5-Hydroxyindoleacetic acid in 24-hour urine collection (5 – HIAA)
- Hippuric acid in urine / 24-hour urine collection
- Albumin/creatinine ratio in urine (ACR) (former microalbuminuria in urine)
- Mercury/Hg in urine
- Kappa light chains in urine
- Lambda light chains in urine
- Bence–Jones protein in urine
- Oxalates in urine
- 17 – hydroxycorticosteroids in 24-hour urine collection
- Chemical composition of renal calculus
- D-Pyridoxins (bone resorption marker)

#### Bacteriological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Urine culture
- General faeces culture
- Pharyngeal / tonsil swab – aerobic culture
- Oral cavity swab — aerobic culture
- Ear swab – anaerobic culture
- Ear swab – aerobic culture
- Eye swab – aerobic culture
- Nasal swab
- Nasal swab – aerobic culture
- Nasopharyngeal swab – anaerobic culture
- Nasopharyngeal swab – aerobic culture

- Anal and vaginal swab culture for Streptococcus GBS
- Vaginal swab – anaerobic culture
- Vaginal swab – aerobic culture
- Culture for GC (GNC) Vaginal swab
- Wound swab
- Wound swab – anaerobic culture
- Stool culture for SS
- Vaginal microbiological test (vaginal biocenosis)
- Semen culture — aerobic
- Sputum culture
- Endocervical swab
- Endocervical smear – anaerobic culture

- Culture for GC (GNC) Endocervical swab
- Stool culture for Pathogenic E. Coli in children up to 2 years
- Stool culture for Yersinia enterocolitica
- Urethral swab
- Urethral swab – anaerobic culture
- Culture of human milk from left breast – aerobic
- Culture of human milk from right breast – aerobic
- Abscess content culture
- Abscess content – anaerobic culture

- Urethral swab for GC (GNC) culture
- Left ear seton – aerobic culture
- Right ear seton – aerobic culture
- Breast discharge – aerobic culture
- Foreskin swab – aerobic culture
- Furuncle swab
- Gingival swab – aerobic culture
- Tongue swab – aerobic culture
- Laryngeal swab – aerobic culture
- Laryngeal swab for Pneumocystis carini
- Anal swab – aerobic culture

- Anal swab culture for SS
- Ulceration swab – aerobic culture
- Umbilical swab – aerobic culture
- Penile swab – aerobic culture
- Vulvar swab – aerobic culture
- Skin lesion swab – aerobic culture
- Chlamydia pneumoniae antigen, method: IIF swab
- Chlamydia pneumoniae antigen, method: IIF swab – other material
- Chlamydia pneumoniae antigen, method: IIF – Throat swab

- Chlamydia trachomatis antigen, method: IIF swab – other material
- Chlamydia trachomatis antigen, method: IIF – urethral swab
- Chlamydia trachomatis antigen, method: IIF – Endocervical swab
- Eosinophils in nasal swab
- Mycoplasma hominis and Ureaplasma urealiticum urethral swab
- Mycoplasma hominis and Ureaplasma urealiticum endocervical swab
- Pinworms – anal swab

#### Faecal tests with taking test samples:

- Stool analysis
- Faeces analysis for parasites, 1 assay
- Faecal occult blood (FOB)

- Faecal analysis for rota- and adenovirus
- Faecal ELISA analysis for lamblia

- Helicobacter pylori – faecal antigen
- Stool analysis Clostridium difficile – GDH antigen and A / B toxin

#### Cytology tests with taking test samples:

- Standard\* Pap smear

- Standard\* nasal mucosa cytological test

#### Mycological tests with taking smear (the service does not include tests performed using molecular biology techniques):

- Mycological examination – toenail fungal culture
- Mycological examination – fingernail fungal culture
- Mycological examination – hair fungal culture
- Mycological examination – skin fungal culture
- Mycological examination – skin scraping fungal culture
- Stool culture for yeast-like fungi
- Urine culture for yeast-like fungi
- Sputum culture for yeast-like fungi
- Abscess content culture for yeast-like fungi
- Secretion culture for yeast-like fungi
- Swab culture for yeast-like fungi
- Urethral swab culture for yeast-like fungi
- Pharyngeal / tonsil swab culture for yeast-like fungi

- Endocervical smear, culture for yeast-like fungi
- Nasal swab culture for yeast-like fungi
- Nasopharyngeal swab – culture for yeast-like fungi
- eye swab culture for yeast-like fungi;
- Vaginal swab culture for yeast-like fungi
- Wound smear culture for yeast-like fungi
- Ear swab culture for yeast-like fungi
- Oral swab – culture for yeast-like fungi
- Mycological examination – hand epidermis fungal culture – scrapings
- Mycological examination – foot epidermis fungal culture – scrapings

- Mycological examination – fungal culture – hairy head skin – scraping
- Sement culture for yeast-like fungi
- Foreskin swab – culture for yeast-like fungi
- Gingival swab culture for yeast-like fungi
- Tongue swab culture for yeast-like fungi
- Laryngeal swab culture for yeast-like fungi
- Anal area swab – culture for fungi
- Ulceration swab – culture for fungi
- Penile swab culture for yeast-like fungi
- Vulvar swab – culture for yeast-like fungi
- Skin lesion swab – culture for fungi

#### Toxicological tests with taking test samples (blood):

- Digoxin
- Lead
- Carbamazepine
- Valproic acid

- Bile acids
- Lithium
- Toxicological test – methemoglobin quantitative

- Phenytoin, quantitative
- Ciclosporin A, quantitative

#### Quick strip tests with taking test samples (blood):

- CRP – strip test
- Cholesterol strip test

- Glucose meter test
- Troponin – strip test

- Pharyngeal swab for Streptococcus a. quick test

#### Diagnostic imaging:

#### ECG examinations:

- Resting ECG
- Stress test

- Stress test Exercise ECG using an cycloergometer

- Mounting of a standard\* Holter ECG monitor (for 24h) in an office

- Mounting Holter ECG monitor with 12 leads (for 24h)
- Mounting Holter RR (for 24h) device in an office

#### X-ray (medium conforming with the standard applicable in a given clinic):

- Cranial X-ray orbits
- X-ray of orbits + lateral (2 views)
- Cranial X-ray PA + lateral
- Cranial X-ray PA + lateral + base
- Cranial X-ray, base
- Cranial X-ray, semi-axial by Orley
- Cranial X-ray, sella turcica
- Cranial X-ray, tangential
- Cranial X-ray, cranial nerve canals
- Splanchnocranium X-ray
- Abdominal X-ray, other
- Abdominal X-ray, supine
- Abdominal X-ray, erect
- Chest X-ray
- Chest X-ray – X-ray tomography
- Chest X-ray + lateral
- Chest X-ray, lateral with barite
- Chest X-ray, other
- Chest X-ray PA + lateral with barium
- X-ray of chest, thyroid, trachea
- Sacrococcygeal X-ray
- Lateral nasal X-ray
- Lower leg X-ray, AP + lateral
- Lower leg X-ray, AP + bilateral lateral
- Upper leg and lower leg X-ray
- Femoral bone X-ray, AP + left lateral
- Femoral bone X-ray, AP + right, lateral
- Shoulder X-ray, axial
- Shoulder X-ray, bilateral axial
- Shoulder X-ray, AP + lateral
- Shoulder X-ray: AP + bilateral – comparative image
- Shoulder X-ray, AP
- Shoulder X-ray, AP, both – comparative image
- Forearm X-ray, AP + lateral
- Bilateral forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral
- Elbow/forearm X-ray, AP + lateral, bilateral
- X-ray of temporal bones, transorbital
- X-ray of temporal bones by Schuller/Stevers
- Temporal bone pyramid X-ray, transorbital
- Hand X-ray, lateral
- Hand X-ray, PA
- Hand X-ray PA, bilateral
- Finger(s) X-ray, PA + lateral/oblique
- Finger(s) X-ray, PA + lateral/oblique bilateral
- Scaphoid X-ray
- Foot X-ray, AP + lateral/oblique
- Foot X-ray, AP + lateral/oblique, erect
- Foot X-ray, AP + lateral/oblique bilateral
- Foot X-ray, AP + lateral/oblique bilateral, erect
- Foot X-ray, AP (comparative)
- Metatarsal X-ray
- Toe(s) X-ray, AP + lateral/oblique
- Heel X-ray + axial
- Heel X-ray, lateral
- Lumbar X-ray: AP + lateral
- X-ray of lumbar spine, AP + lateral + oblique
- X-ray of lumbar spine, lateral
- X-ray of lumbosacral spine, oblique
- X-ray of lumbosacral spine AP + lateral
- Lumbar functional X-ray
- Thoracic X-ray
- Thoracic X-ray AP + lateral
- Thoracic X-ray, AP + lateral + oblique
- Thoracic X-ray, lateral
- Thoracic X-ray, oblique views
- Cervical X-ray
- Cervical X-ray, AP + lateral
- Cervical X-ray, lateral
- Cervical X-ray, lateral + oblique (3 views)
- Cervical X-ray, oblique views
- Cervical functional X-ray
- Spinal X-ray AP, erect (scoliosis)
- Spinal X-ray AP, erect + lateral (scoliosis)
- Scapular X-ray
- Pelvic and hip joint X-ray
- X-ray of sternum, AP
- X-ray sternum / chest lateral
- Mandibular X-ray
- Paranasal sinus X-ray
- Rib X-ray (unilateral), 2 oblique views
- Wrist X-ray, lateral
- X-ray of both wrists, lateral
- Wrist X-ray, PA + lateral
- Wrist X-ray, PA + bilateral lateral
- Hand X-ray, PA + oblique
- Hand X-ray, PA + oblique, bilateral
- Wrist/hand X-ray, PA + lateral/oblique left
- Wrist/hand X-ray, PA + lateral/oblique right
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- Wrist/hand X-ray, PA + lateral/oblique bilateral
- X-ray of both patellae axial
- Bilateral patellar X-ray, axial in 2 positions
- Bilateral patellar X-ray, axial in 3 positions
- X-ray of sacroiliac joints – PA
- X-ray of sacroiliac joints – oblique
- Hip joint X-ray, AP
- Bilateral hip joint X-ray, AP
- Hip joint X-ray, axial
- Knee joint X-ray, AP + lateral
- Knee joint X-ray, AP + bilateral lateral, erect
- Knee joint X-ray, lateral
- Elbow joint X-ray
- Ankle joint X-ray, AP + lateral
- Ankle joint X-ray, AP + lateral bilateral
- Temporomandibular joint functional X-ray
- Urography (with standard contrast agents)
- X-ray of nasopharynx
- Shoulder X-ray (transthoracic)
- Shoulder X-ray, AP + axial
- Clavicular X-ray
- Large intestine X-ray – rectal enema (with standard contrast agents)
- Chest X-ray – X-ray tomography
- Larynx X-ray – tomography
- X-ray, small intestine passage (with standard contrast agents)
- Esophagus, stomach and duodenum X-ray (with standard contrast agents)

#### Ultrasound examinations:

- Abdominal ultrasound
- Urinary tract ultrasound
- Breast ultrasound

- Thyroid ultrasound
- Transabdominal prostate ultrasound
- Transvaginal gynaecological ultrasound
- Transabdominal gynaecological ultrasound
- Testicular ultrasound
- Salivary gland ultrasound
- Transrectal prostate ultrasound
- Ultrasound / Doppler ultrasound of carotid arteries and vertebral arteries
- Ultrasound / Doppler ultrasound of lower limb arteries
- Ultrasound/Doppler ultrasound of upper limb arteries
- Ultrasound/Doppler ultrasound of lower limb veins
- Ultrasound/Doppler ultrasound of upper limb veins
- Ultrasound/Doppler ultrasound of the abdominal aorta and pelvic arteries
- Ultrasound/Doppler ultrasound of hepatic vessels (assessment of hepatic portal circulation)
- Ultrasound/Doppler ultrasound of renal arteries
- Ultrasound/Doppler ultrasound of intracranial arteries
- Hip joint ultrasound
- Knee joint ultrasound
- Elbow joint ultrasound
- Ankle joint ultrasound
- Shoulder ultrasound
- Subcutaneous tissue ultrasound (lipomas, fibromas, etc.)
- Post-traumatic muscle haematoma ultrasound
- Lymph node ultrasound
- Laryngeal ultrasound;
- Wrist ultrasound
- Ultrasound of ligaments, muscles, small joints
- Ultrasound of metatarsal
- Ultrasound of the plantar aponeurosis
- Finger and metacarpophalangeal joint ultrasound
- Achilles tendon ultrasound
- Urinary tract ultrasound + TRUS
- Trans-fontanelle ultrasound
- Echocardiography – cardiac ultrasound
- Ultrasound of eyeballs and orbits

**Endoscopic examinations with endoscopic biopsy specimen sampling:**

- Anoscopy
- Gastroscopy (with urease test)
- Rectoscopy
- Sigmoidoscopy
- Colonoscopy
- Histopathological examination — endoscopy biopsy material

**Magnetic resonance imaging with standard contrast agents:**

- MR – magnetic resonance of head
- MR – magnetic resonance, angiography head
- MR – magnetic resonance head + angiography
- MR – magnetic resonance, head and pituitary gland
- MR – magnetic resonance, splanchnocranium
- MR – magnetic resonance of abdomen
- MR – magnetic resonance of small pelvis
- MR – magnetic resonance of bone pelvis
- MR – magnetic resonance of abdomen and small pelvis;
- MR – magnetic resonance of thorax
- MR – magnetic resonance of lumbar spine
- MR – magnetic resonance of thoracic spine
- MR – magnetic resonance of cervical spine
- MR – magnetic resonance of orbits
- MR – magnetic resonance of sinuses
- MR – magnetic resonance of pituitary gland
- MR – magnetic resonance of shoulder joint
- MR – magnetic resonance of elbow joint
- MR – magnetic resonance of knee joint
- MR – magnetic resonance of wrist
- MR – magnetic resonance of ankle joint
- MR – magnetic resonance of hip joint
- MR – magnetic resonance of sacroiliac joints
- MR – magnetic resonance of foot
- MR – magnetic resonance of lower leg
- MR – magnetic resonance of upper leg
- MR – magnetic resonance of forearm
- MR – magnetic resonance of arm
- MR – magnetic resonance of hand
- MR – magnetic resonance of neck

**Computer tomography with standard contrast agents:**

- CT – computed tomography of head
- CT – computed tomography of facial skeleton
- CT – computed tomography of pituitary gland
- CT – computed tomography of sinuses
- CT – computed tomography of orbits
- CT – computed tomography of temporal bones
- CT – computed tomography of neck
- CT – computed tomography of larynx
- CT – computed tomography of thorax
- CT – low-dose computed tomography of thorax
- CT – computed tomography of thorax (HRCT)
- CT – computed tomography of abdomen
- CT – computed tomography, abdomen (3 phases)
- CT – computed tomography of small pelvis
- CT – computed tomography of bone pelvis
- CT – computed tomography of abdomen and small pelvis
- CT – computed tomography of thorax and abdomen
- CT – computed tomography of thorax, abdomen, small pelvis
- CT – computed tomography of neck, thorax, abdomen, small pelvis
- CT – computed tomography of cervical spine
- CT – computed tomography of thoracic spine
- CT – computed tomography of lumbar spine
- CT – computed tomography, lumbar + sacral spine
- CT – computed tomography of cervical + lumbar spine

- CT – computed tomography of cervical + thoracic spine
- CT – computed tomography of cervical + thoracic + lumbar spine
- CT – computed tomography of thoracic + lumbar spine
- CT – computed tomography of hip joint
- CT – computed tomography of knee joint
- CT – computed tomography of ankle joint
- CT – computed tomography of wrist
- CT – computed tomography of shoulder joint
- CT – computed tomography of elbow joint
- CT – computed tomography of foot
- CT – computed tomography of upper leg
- CT – computed tomography of lower leg
- CT – computed tomography of arm
- CT – computed tomography of forearm
- CT – computed tomography of hand
- CT – computed tomography – Angio of abdominal aorta
- CT – computed tomography – Angio of the head – examination of veins and sinuses of the brain
- CT – computed tomography – Angio of the head – arteries

#### EEG examinations:

- Standard\* EEG
- Standard\* EEG – children

#### EMG examinations:

- EMG – electromyography – carpal tunnel syndrome

#### Other diagnostic tests and examinations:

- Spirometry without medication
- Spirometry – diastolic test
- Standard audiometry\*
- Standard audiometry – supraliminal audiometry
- Standard audiometry – verbal audiometry
- Tympanometry
- Lumbar spine densitometry (trabecular bone assessment) – screening
- Densitometry femoral collum (cortical bone assessment) – screening
- Uroflowmetric examination
- Mammography
- Mammography – targeted image
- Computerised visual field test
- Dark adaptation test
- Pachymetry
- GDX examination
- OCT examination – both eyes
- OCT examination – one eye
- Vibratory perception
- Labyrinth test
- Cold provocation test
- Cold provocation test with skin thermometry and compression test

*Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package. Examination results are stored on a medium conforming with the standard applicable in a given facility. Unless stated otherwise, CT, MRI and ultrasound diagnostic imaging includes a 2D image with no additional options (including extended genetic ultrasound).*



### Allergy tests – option II

The service includes allergy skin tests, patch tests or contact tests. The tests are ordered by a physician from an outpatient Medical Facility indicated by LUX MED, in the following scope:

- Allergist consultation – qualification for tests
- Allergy skin tests – skin prick tests with a product for allergy tests:
  - skin allergy tests – 1 spot
  - skin allergy tests – food allergy panel
  - skin allergy tests – inhaled allergens panel
- Patch/contact tests – patch tests with a product for allergy tests:
  - patch/contact tests – crural ulceration panel
  - patch/contact tests – basic panel

*Note: As technology advances, the names or methods of specific diagnostic tests may be subject to change, which shall not limit the scope of services provided in this agreement. If as a result of the application of a new method, the above scope of services is extended, then the services resulting from the scope extensions shall not be covered by the scope of the package.*



### Preventive health check – option II

Preventive health check – option I is an annual (available once during a 12-month term of the agreement) health check, depending on the age and sex of the Patient, including an extended range of examinations and consultations for the Patient over 18 years of age.

The health check starts with an internist visit when medical history is taken and referrals for examinations (according to the indications). The health check concludes with an internist consultation, during which the Patient obtains information on their health status and further recommendations.

#### The scope of the check for women includes:

- Internist consultation — medical history
- Gynaecological consultation
- Cardiological consultation
- Ophthalmological consultation
- Dermatological consultation with standard\* dermatoscopy
- Laboratory tests:
  - Urine – general analysis
  - faecal occult blood (FOB);
  - Blood count + platelet count + automated smear
  - ESR
  - GPT/ALT transaminase
  - TSH / hTSH
  - Creatinine
  - Uric acid
  - Free T4
  - HBs Ag/antigen
  - HCV Ab/antibodies
  - Standard\* Pap smear
  - Lipid profile (CHOL, HDL, LDL, TG)
  - Fasting glucose
- Imaging examinations:
  - Breast ultrasound and Mammography - women, depending on medical indication
  - PA chest X-ray - depending on medical indications
  - Abdominal ultrasound
  - Thyroid ultrasound
  - Transabdominal gynaecological ultrasound or transvaginal gynaecological ultrasound
- Functional examinations:
  - Echocardiography – cardiac ultrasound
  - Resting ECG
- Internist consultation — closing consultation

#### The scope of the check for men includes:

- Internist consultation — medical history
- Cardiological consultation
- urological consultation;
- Ophthalmological consultation
- Dermatological consultation with standard\* dermatoscopy
- Laboratory tests:
  - Urine – general analysis
  - faecal occult blood (FOB);
  - Blood count + platelet count + automated smear
  - ESR
  - GPT/ALT transaminase
  - PSA panel (PSA, FPSA, FPSA / PSA index)
  - TSH / hTSH
  - Creatinine
  - Uric acid
  - Free T4
  - HBs Ag/antigen
  - HCV Ab/antibodies
  - Lipid profile (CHOL, HDL, LDL, TG)
  - Fasting glucose
- Imaging examinations:
  - PA chest X-ray - depending on medical indications
  - Transrectal prostate ultrasound
  - Thyroid ultrasound
  - Testicular ultrasound
  - Abdominal ultrasound
- Functional examinations:
  - Resting ECG
  - Echocardiography – cardiac ultrasound
- Internist consultation — closing consultation

*Note: The service is available in outpatient Medical Facilities indicated by LUX MED. In order to make an appointment for scheme implementation, the Patient should contact using the on-line form available on <https://www.luxmed.pl/strona-glowna/kontakt/infolinia>*



#### Physiotherapy - option II

As part of the Physiotherapy option II service, the Patient is entitled to unlimited access to **consultations with a physical therapist**. The service includes: a medical history interview, a functional examination, the physical therapist's advice and procedures necessary to make a diagnosis, adopting an appropriate therapeutic decision and determining the mode of rehabilitation.

The service only includes rehabilitation of the locomotor system and it is provided for the following indications (qualification criteria); i.e. it applies to Patients with:

- orthopaedic traumas
- osteoarthritis
- occupational disorders of the motor organ (confirmed by a relevant medical certificate)
- neurological pain syndromes
- muscle tone disorders (refers to neurokinesiological rehabilitation for children up to 18 years of age)

- postural defects (refers to postural defects rehabilitation for children up to 18 years of age)

The procedures are provided on the basis of referrals from physical therapists or Physicians (specialists in the field of orthopaedics, neurology, neurosurgery, rheumatology, rehabilitation medicine, balneology) from an outpatient Medical Facility indicated by LUX MED, specifying the scope and type of rehabilitation procedures, and includes physiotherapy services available at outpatient Medical Facilities indicated by LUX MED. The service is limited and covers performance of a total of the following services within

a 12-month term of the agreement: **20 physical therapy procedures and 10 kinesitherapy procedures (including therapeutic massage) and 3 rehabilitation procedures (neurokinesiology or postural defects)** from the following range of physical therapy and kinesitherapy procedures:

- |   |   |  |
|---|---|--|
| • Physical therapy – electrical stimulation of muscle of the lower limb | • Physical therapy – galvanisation knee joint         | • Physical therapy – local cryotherapy shoulder joint        |
| • Physical therapy – electrical stimulation of muscle of the upper limb | • Physical therapy – galvanisation elbow joint        | • Physical therapy – local cryotherapy hip joint             |
| • Physical therapy – phonophoresis lumbar spine                         | • Physical therapy – galvanisation ankle joint        | • Physical therapy – local cryotherapy knee joint            |
| • Physical therapy – phonophoresis thoracic spine                       | • Physical therapy – galvanisation foot               | • Physical therapy – local cryotherapy elbow joint           |
| • Physical therapy – phonophoresis cervical spine                       | • Physical therapy – galvanisation upper leg          | • Physical therapy – local cryotherapy ankle joint           |
| • Physical therapy – phonophoresis wrist                                | • Physical therapy – ionophoresis lumbar spine        | • Physical therapy – local cryotherapy foot                  |
| • Physical therapy – phonophoresis lower leg                            | • Physical therapy – ionophoresis thoracic spine      | • Physical therapy – local cryotherapy upper leg             |
| • Physical therapy – phonophoresis forearm                              | • Physical therapy – ionophoresis cervical spine      | • Physical therapy – low-energy laser therapy lumbar spine   |
| • Physical therapy – phonophoresis arm                                  | • Physical therapy – ionophoresis wrist               | • Physical therapy – low-energy laser therapy thoracic spine |
| • Physical therapy – phonophoresis hand                                 | • Physical therapy – ionophoresis lower leg           | • Physical therapy – low-energy laser therapy cervical spine |
| • Physical therapy – phonophoresis shoulder joint                       | • Physical therapy – ionophoresis forearm             | • Physical therapy – low-energy laser therapy wrist          |
| • Physical therapy – phonophoresis hip joint                            | • Physical therapy – ionophoresis arm                 | • Physical therapy – low-energy laser therapy lower leg      |
| • Physical therapy – phonophoresis knee joint                           | • Physical therapy – ionophoresis hand                | • Physical therapy – low-energy laser therapy forearm        |
| • Physical therapy – phonophoresis elbow joint                          | • Physical therapy – ionophoresis shoulder joint      | • Physical therapy – low-energy laser therapy arm            |
| • Physical therapy – phonophoresis ankle joint                          | • Physical therapy – ionophoresis hip joint           | • Physical therapy – low-energy laser therapy hand           |
| • Physical therapy – phonophoresis foot                                 | • Physical therapy – ionophoresis knee joint          | • Physical therapy – low-energy laser therapy shoulder joint |
| • Physical therapy – phonophoresis upper leg                            | • Physical therapy – ionophoresis elbow joint         | • Physical therapy – low-energy laser therapy hip joint      |
| • Physical therapy – galvanotherapy lumbar spine                        | • Physical therapy – ionophoresis ankle joint         | • Physical therapy – low-energy laser therapy knee joint     |
| • Physical therapy – galvanotherapy thoracic spine                      | • Physical therapy – ionophoresis foot                | • Physical therapy – low-energy laser therapy elbow joint    |
| • Physical therapy – galvanotherapy cervical spine                      | • Physical therapy – ionophoresis upper leg           | • Physical therapy – low-energy laser therapy ankle joint    |
| • Physical therapy – galvanisation wrist                                | • Physical therapy – local cryotherapy lumbar spine   | • Physical therapy – low-energy laser therapy foot           |
| • Physical therapy – galvanisation lower leg                            | • Physical therapy – local cryotherapy thoracic spine | • Physical therapy – low-energy laser therapy upper leg      |
| • Physical therapy – galvanisation forearm                              | • Physical therapy – local cryotherapy cervical spine | • Physical therapy – magnetic field therapy lumbar spine     |
| • Physical therapy – galvanisation arm                                  | • Physical therapy – local cryotherapy wrist          | • Physical therapy – magnetic field therapy thoracic spine   |
| • Physical therapy – galvanisation hand                                 | • Physical therapy – local cryotherapy lower leg      | • Physical therapy – magnetic field therapy cervical spine   |
| • Physical therapy – galvanisation shoulder joint                       | • Physical therapy – local cryotherapy forearm        | • Physical therapy – magnetic field therapy wrist            |
| • Physical therapy – galvanisation hip joint                            | • Physical therapy – local cryotherapy arm            | • Physical therapy – magnetic field therapy lower leg        |
|   | • Physical therapy – local cryotherapy hand           | • Physical therapy – magnetic field therapy forearm          |

- Physical therapy – magnetic field therapy arm
- Physical therapy – magnetic field therapy hand
- Physical therapy – magnetic field therapy shoulder joint
- Physical therapy – magnetic field therapy hip joint
- Physical therapy – magnetic field therapy knee joint
- Physical therapy – magnetic field therapy elbow joint
- Physical therapy – magnetic field therapy ankle joint
- Physical therapy – magnetic field therapy foot
- Physical therapy – magnetic field therapy upper leg
- Physical therapy – diadynamic currents therapy lumbar spine
- Physical therapy – diadynamic currents therapy thoracic spine
- Physical therapy – diadynamic currents therapy cervical spine
- Physical therapy – diadynamic currents therapy wrist
- Physical therapy – diadynamic currents therapy lower leg
- Physical therapy – diadynamic currents therapy forearm
- Physical therapy – diadynamic currents therapy arm
- Physical therapy – diadynamic currents therapy hand
- Physical therapy – diadynamic currents therapy shoulder joint
- Physical therapy – diadynamic currents therapy hip joint
- Physical therapy – diadynamic currents therapy knee joint
- Physical therapy – diadynamic currents therapy elbow joint
- Physical therapy – diadynamic currents therapy ankle joint
- Physical therapy – diadynamic currents therapy foot
- Physical therapy – diadynamic currents therapy upper leg
- Physical therapy – interferential currents therapy lumbar spine
- Physical therapy – interferential currents therapy thoracic spine
- Physical therapy – interferential currents therapy cervical spine
- Physical therapy – interferential currents therapy wrist
- Physical therapy – interferential currents therapy lower leg
- Physical therapy – interferential currents therapy forearm
- Physical therapy – interferential currents therapy hand
- Physical therapy – interferential currents therapy shoulder joint
- Physical therapy – interferential currents therapy hip joint
- Physical therapy – interferential currents therapy knee joint
- Physical therapy – interferential currents therapy elbow joint
- Physical therapy – interferential currents therapy ankle joint
- Physical therapy – interferential currents therapy foot
- Physical therapy – interferential currents therapy upper leg
- Physical therapy – interferential currents therapy lumbar spine
- Physical therapy – interferential currents therapy thoracic spine
- Physical therapy – interferential currents therapy cervical spine
- Physical therapy – interferential currents therapy wrist
- Physical therapy – interferential currents therapy lower leg
- Physical therapy – interferential currents therapy forearm
- Physical therapy – interferential currents therapy hand
- Physical therapy – interferential currents therapy shoulder joint
- Physical therapy – interferential currents therapy hip joint
- Physical therapy – ultrasound therapy knee joint
- Physical therapy – ultrasound therapy elbow joint
- Physical therapy – ultrasound therapy ankle joint
- Physical therapy – ultrasound therapy foot
- Physical therapy – ultrasound therapy upper leg
- Physical therapy – ultrasound (in water)
- Physical therapy – Trabert's current therapy lumbar spine
- Physical therapy – Trabert's current therapy thoracic spine
- Physical therapy – Trabert's current therapy cervical spine
- Physical therapy – Trabert's current therapy wrist
- Physical therapy – Trabert's current therapy lower leg
- Physical therapy – Trabert's current therapy forearm
- Physical therapy – Trabert's current therapy arm
- Physical therapy – Trabert's current therapy hand
- Physical therapy – Trabert's current therapy shoulder joint
- Physical therapy – Trabert's current therapy hip joint
- Physical therapy – Trabert's current therapy knee joint
- Physical therapy – Trabert's current therapy elbow joint
- Physical therapy – Trabert's current therapy ankle joint
- Physical therapy – Trabert's current therapy foot
- Physical therapy – Trabert's current therapy upper leg
- Kinesitherapy – instructional exercises lumbar spine
- Kinesitherapy – instructional exercises thoracic spine
- Kinesitherapy – instructional exercises cervical spine
- Kinesitherapy – instructional exercises wrist
- Kinesitherapy – instructional exercises shank
- Kinesitherapy – instructional exercises forearm
- Kinesitherapy – instructional exercises arm
- Kinesitherapy – instructional exercises hand
- Kinesitherapy – instructional exercises shoulder joint
- Kinesitherapy – instructional exercises hip joint
- Kinesitherapy – instructional exercises knee joint



- Kinesitherapy – instructional exercises elbow joint
- Kinesitherapy – instructional exercises ankle joint
- Kinesitherapy – instructional exercises foot
- Kinesitherapy – instructional exercises thigh
- Kinesitherapy – function-improving exercises lumbar spine
- Kinesitherapy – function-improving exercises thoracic spine
- Kinesitherapy – function-improving exercises cervical spine
- Kinesitherapy – function-improving exercises wrist
- Kinesitherapy – function-improving exercises shank
- Kinesitherapy – function-improving exercises forearm
- Kinesitherapy – function-improving exercises arm
- Kinesitherapy – function-improving exercises hand
- Kinesitherapy – function-improving exercises shoulder joint
- Kinesitherapy – function-improving exercises hip joint
- Kinesitherapy – function-improving exercises knee joint
- Kinesitherapy – function-improving exercises elbow joint
- Kinesitherapy – function-improving exercises ankle joint
- Kinesitherapy – function-improving exercises foot
- Kinesitherapy – function-improving exercises thigh
- Kinesitherapy – individual therapy lumbar spine
- Kinesitherapy – individual therapy thoracic spine
- Kinesitherapy – individual therapy cervical spine
- Kinesitherapy – individual therapy wrist
- Kinesitherapy – individual therapy lower leg
- Kinesitherapy – individual therapy forearm
- Kinesitherapy – individual therapy arm
- Kinesitherapy – individual therapy hand
- Kinesitherapy – individual therapy shoulder joint
- Kinesitherapy – individual therapy hip joint
- Kinesitherapy – individual therapy knee joint
- Kinesitherapy – individual therapy elbow joint
- Kinesitherapy – individual therapy ankle joint
- Kinesitherapy – individual therapy foot
- Kinesitherapy – individual therapy upper leg
- Kinesitherapy – lumbar spine traction
- Kinesitherapy – cervical spine traction
- Myorelaxation therapy – Therapeutic spinal massage
- Individual therapy using neurokinesiology / neurophysiology methods for children
- Kinesitherapy – exercises improving postural defects in children

*Note: The scope of services does not include the costs of physiotherapy for congenital malformations and their consequences, postural defects, perinatal traumas, chronic connective tissue diseases and their consequences, demyelinating diseases and their consequences; neurodegenerative diseases and their consequences; physiotherapy after surgical procedures not performed as part of the Agreement on the Provision of Health Services concluded with LUX MED or the LUX MED Group Health Insurance for Companies, coronary events, neurological and cerebrovascular events; urogynaecological physiotherapy, physiotherapy with highly specialist methods (mechanical and neurophysiological methods, osteopathic techniques), as well as diagnostic and functional training services or corrective gymnastics and fitness services. The scope of services does not include aseptic necrosis physiotherapy, physiotherapy of scars/keloid scars or post-burn conditions, or visceral manipulation – internal organ therapy*



## Dentistry – Option II

### Dental emergency

Dental emergency includes, depending on the Medical Facility, coverage or reimbursement of expenses (Reimbursement) up to the maximum limit of 350 PLN per each 12-month Agreement term, of the following performed by dentists services:

- Emergency tooth pulp devitalisation in a deciduous tooth with cavity dressing
- Emergency tooth pulp devitalisation with cavity dressing
- Emergency dental abscess incision, including drainage
- Emergency periapical abscess decompression
- Emergency medicinal dressing on a deciduous tooth
- Emergency medicinal dressing on a permanent tooth
- Emergency extraction of a single-rooted tooth
- Emergency extraction of a single-rooted deciduous tooth
- Emergency extraction of a multi-rooted tooth
- Emergency extraction of a multi-rooted deciduous tooth
- Emergency dry socket irrigation + application of medication
- Emergency extraction of a tooth by intra-alveolar chiseling
- Emergency repositioning and immobilisation of an avulsed tooth
- Emergency dental local infiltration anaesthesia
- Emergency dental local permeation anaesthesia
- Emergency dental intraoral conduction anaesthesia
- Emergency single tooth X-ray

*Note: Dental emergency services are provided exclusively in the sudden onset of an illness or in case of an accident outside the working hours of LUX MED's own facilities. A precondition for obtaining dental emergency services shall be for the patient to notify the need to attend a dental emergency as a result of a sudden onset of an illness or an accident using our Helpline (on 22 33 22 888), and then avail of the services at a medical facility indicated by LUX MED, in line with the instructions provided by the Helpline staff. If the indicated medical facility does not offer cashless services, the patient must cover the costs of the services performed in accordance with the applicable price list, then submit an application for a Reimbursement with attached original invoices or receipts for services provided to the Patient. The invoice or receipt should include:*

- the data of the patient for whom services were provided, for the reimbursement of costs (at least the patient's name, surname, address). In the event that services are provided to a child, the invoice should be issued for the actual carer or legal guardian of the child, and the invoice should include the data of the child for whom the services were performed;*
- a list of services performed for the patient (indicated in the content of the invoice) or an attached specification issued by the medical facility providing the services, indicating the name of the service, or a copy of medical records related to the specific service provided;*
- the number of a specific type of services provided;*
- service performance date; service unit price.*

If, following the service cost reimbursement under the LUX MED Reimbursement procedure, LUX MED obtains evidence that the Reimbursement was made upon information, invoices or receipts that are inaccurate given the actual situation indicated in the Application or attached documents (e.g. if the patient submits invoices or receipts for services performed for third parties with the Application), LUX MED shall have the right to claim reimbursement of the amounts paid to the Patient with interest calculated from the date of disbursement of funds under the Reimbursement procedure.

Payment by way of Reimbursement shall be made on the basis of the Refund Application filed by the patient along with accompanying original invoices or receipts and other required documents, submitted within 3 months from the date of the service.

LUX MED shall reimburse the costs to the bank account number indicated in the Application Form within 30 days from the date of delivery of the complete Application Form. The Reimbursement Application Form constitutes an Appendix to the Agreement and is available at [www.luxmed.pl](http://www.luxmed.pl)

### Dental prophylaxis

Dental prophylaxis is a dental examination that involves assessment of the state of dentition and oral hygiene performed once during a 12-month Agreement term in outpatient Medical Facilities indicated by LUX MED by a dentist specialising in conservative dentistry, and oral hygiene procedures performed by a dental hygienist, and includes the following services:

- Dental consultation
- Dental fluoride treatment (Fluor Protector) 1 dental arch
- Dental fluoride treatment (Fluor Protector) 1/2 of dental arch
- Dental fluoride treatment (Fluor Protector) 2 dental arches
- Instructions on oral hygiene
- Tooth polishing
- Periodontal scaling – complementary
- Periodontal scaling from 1 dental arch
- Periodontal scaling from all teeth
- Deposit removal — sandblasting
- Prophylactic fissure sealing – 1 tooth
- Individual fluoride treatment, topical

### Anaesthesia

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental anaesthesia with a WAND device
- Dental local infiltration anaesthesia
- Dental local permeation anaesthesia
- Dental intraoral conduction anaesthesia

### Conservative dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation — conservative dentistry

and once within the 12-month Agreement term one of the following services:

- Tooth cavity filling 1 surface with regular light-cured composite
- Tooth cavity filling 2 surfaces with regular light-cured composite
- Tooth cavity filling 3 surfaces with regular light-cured composite
- Restoration of damaged incisal angle with regular light-cured composite
- Filling – glass ionomer

When the patient reaches the limit, they shall be offered an additional **15% discount** off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount off the price list of the facility for the following services:**

- Examination of tooth vitality
- Circumpulpal pin inlay
- Cosmetic covering of enamel hypoplasia – composite veneer
- Cosmetic covering of discoloured dentine in anterior teeth – composite veneer
- Treatment of changes of the oral mucosa
- Medicinal dressing on a permanent tooth
- Periodontal pocket irrigation
- Periodontal pocket irrigation and drug application
- Cauterisation of interdental papilla

### Paedodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Dental consultation – paedodontal

and once within the 12-month Agreement term one of the following services

- Deciduous tooth cavity filling 1 surface
- Deciduous tooth cavity filling 1 surface, therapeutic
- Deciduous tooth cavity filling 2 surfaces
- Deciduous tooth cavity filling 2 surfaces, therapeutic
- Deciduous tooth cavity filling 3 surfaces
- Deciduous tooth cavity filling 3 surfaces, therapeutic

When the patient reaches the limit, they shall be offered an additional 15% discount off the price list of the facility for the above services.

In addition, the patient is entitled to a **15% discount off the price list of the facility for the following services:**

- Adaptation visit (children) – dentistry
- Medicinal dressing on a deciduous tooth
- Dentine impregnation – per tooth
- Amputation of devitalised deciduous tooth pulp

- Endodontic treatment of a deciduous tooth
- Treatment of pulp necrosis in a deciduous tooth
- Vital pulp amputation in a tooth with unformed root
- Tooth pulp devitalisation in a deciduous tooth with cavity dressing

### Dental surgery

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – dental surgery

**In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:**

- Dental abscess incision – including drainage
- Apicoectomy of a posterior tooth
- Apicoectomy of a posterior tooth, with retrograde root canal filling
- Apicoectomy of an anterior tooth
- Apicoectomy of an anterior tooth, with retrograde root canal filling
- Single-rooted tooth extraction
- Single-rooted deciduous tooth extraction
- Extraction of a tooth by intra-alveolar chiselling
- Extraction of a tooth by extra-alveolar chiselling with formation of a mucoperiosteal flap
- Multi-rooted tooth extraction
- Multi-rooted deciduous tooth extraction
- Excision of a gingival flap within 1 tooth
- Excision of nodule, nodule-like lesion, mucocele – dentistry
- Surgical dressing – dentistry
- Dry socket irrigation + application of medication
- Sampling of a biopsy specimen in the oral cavity
- Frenuloplasty, meloplasty, glossoplasty – dentistry
- Enucleation of odontogenic cyst
- Surgical tooth extraction – surgically complex
- Surgical exposure of an impacted tooth
- Surgical exposure of an impacted tooth with bracket attachment
- Surgical extraction of a partially impacted tooth
- Repositioning and immobilisation of an avulsed tooth

### Endodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist consultation – conservative dentistry

**In addition, the patient is entitled to a 15% discount off the price list of the facility for the following services:**

- Tooth pulp devitalisation with cavity dressing
- Chemical and mechanical root canal preparation
- Root canal opening
- Root canal filling
- Crown-root inlay removal

**In addition, the patient is entitled to a 10% discount off the price list of the facility for the following services:**

- Removal of a fractured tool from the canal under a surgical microscope
- Endodontal treatment of an incisor or a canine under a surgical microscope stage I
- Endodontal treatment of an incisor or a canine under a surgical microscope stage II
- Endodontal treatment of a premolar under a surgical microscope stage I
- Endodontal treatment of a premolar under a surgical microscope stage II
- Endodontal treatment of a molar under a surgical microscope stage I
- Endodontal treatment of a molar under a surgical microscope stage II
- Specialised assessment of tissue under a surgical microscope
- Interventional appointment during endodontic treatment
- Crown-root inlay removal under a surgical microscope

### Prosthodontics

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED and covers the following services:

- Specialist prosthetic consultation

**In addition, the patient is entitled to a 10% discount off the price list of the facility for the following services:**

- Full denture with metal palate
- Malocclusion correction
- Models for diagnostic or planning purposes – doctor
- Crown-root inlay cast metal
- Crown-root inlay cast metal combined
- Crown-root inlay made of gold
- Crown-root inlay made of gold combined
- Metal, ceramic, glass fibre crown-root inlay – standard
- Provisional crown using indirect method
- All-metal cast crown
- All-gold cast crown, premolar
- Porcelain crown on metal without margin
- Porcelain crown on galvanised metal
- Porcelain crown on gold, premolar
- Porcelain veneer
- Composite crown ONLAY INLAY OVERLAY
- Galvanised telescopic crown, gold
- Latch / bolt / retainer point in frame denture
- Replacement of Rhein inlay / ball latch – 1 element
- Partial denture supporting 1–4 missing teeth
- Full maxillary denture

- Full mandibular denture
- Frame denture with latches without latch cost
- Frame denture
- Overdenture on gold latch
- Denture repair – 1 element
- Direct denture lining
- Indirect denture lining
- Removal of a prosthetic crown – 1 element
- Partial denture supporting 5–8 missing teeth
- Partial denture supporting more than 8 teeth
- Porcelain crown on gold, molar
- Porcelain crown on gold, anterior tooth
- All-gold cast crown, molar
- All-gold cast crown, anterior tooth
- Porcelain crown ONLAY INLAY OVERLAY
- Cementation of a prosthetic crown
- Cementation of a bridge
- Partial denture – 1 point
- Occlusion alignment using articulator
- Functional impression using individual tray
- All-ceramic crown-root inlay
- Crown-root inlay cast metal Stage I
- Crown-root inlay cast metal Stage II
- Crown-root inlay cast metal combined Stage I
- Crown-root inlay cast metal combined Stage II
- Crown-root inlay made of gold Stage I
- Crown-root inlay made of gold Stage II
- Crown-root inlay made of gold combined Stage I
- Crown-root inlay made of gold combined Stage II
- All-metal cast crown Stage I
- All-metal cast crown Stage II
- All-gold cast crown, premolar Stage I
- All-gold cast crown, premolar Stage II
- All-gold cast crown, molar Stage I
- All-gold cast crown, molar Stage II
- All-gold cast crown, anterior tooth Stage I
- All-gold cast crown, anterior tooth Stage II
- Porcelain crown on metal without margin, Stage I
- Porcelain crown on metal without margin, Stage II
- Porcelain crown on galvanised metal Stage I
- Porcelain crown on galvanised metal Stage II
- Porcelain crown on gold premolar tooth Stage I
- Porcelain crown on gold premolar tooth Stage II
- Porcelain crown on gold molar tooth Stage I
- Porcelain crown on gold molar tooth Stage II
- Porcelain crown on gold, anterior tooth Stage I
- Porcelain crown on gold, anterior tooth Stage II
- Porcelain veneer Stage I
- Porcelain veneer Stage II
- Porcelain crown ONLAY INLAY OVERLAY Stage I
- Porcelain crown ONLAY INLAY OVERLAY Stage II
- Galvanised telescopic crown, gold Stage I
- Galvanised telescopic crown, gold Stage II
- Latch / bolt / retainer point in frame denture Stage I
- Latch / bolt / retainer point in frame denture Stage II
- Partial denture supporting 1–4 missing teeth Stage I
- Partial denture supporting 1–4 missing teeth Stage II
- Partial denture supporting 5–8 missing teeth Stage I
- Partial denture supporting 5–8 missing teeth Stage II
- Partial denture supporting more than 8 teeth Stage I
- Partial denture supporting more than 8 teeth Stage II
- Full maxillary denture Stage I
- Full maxillary denture Stage II
- Full mandibular denture Stage I
- Full mandibular denture Stage II
- Frame denture with latches without latch cost Stage I
- Frame denture with latches without latch cost Stage II
- Frame denture Stage I
- Frame denture Stage II
- WAX UP
- WAX UP INTERDENT
- All-ceramic crown-root inlay Stage I
- All-ceramic crown-root inlay Stage II
- Adhesive bridge – 1 point
- Porcelain crown on zirconia using CAD/CAM Lava Everest method
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage I
- Porcelain crown on zirconia using CAD/CAM Lava Everest method Stage II
- Rhein latch – 1 element
- Bredent latch – 1 element
- Porcelain crown on metal with a ceramic margin
- Porcelain crown on metal with a ceramic margin Stage I
- Porcelain crown on metal with a ceramic margin Stage II
- Metal telescopic crown
- Metal telescopic crown Stage I
- Metal telescopic crown Stage II
- Porcelain veneer posterior
- Porcelain veneer posterior Stage I
- Porcelain veneer posterior Stage II
- Overdenture on gold latch Stage I
- Overdenture on gold latch Stage II
- Gracia gingival mask
- Gracia gingival mask Stage I
- Gracia gingival mask Stage II
- Wax teeth control and correction
- Frame denture metal control and correction
- Splint denture
- Metal crown ONLAY INLAY OVERLAY
- Gold crown inlay
- Spherical inlays
- Protective splint sport
- Protective splint sport colour
- Silver-palladium crown-root inlay
- Silver-palladium crown-root inlay Stage I
- Silver-palladium crown-root inlay Stage II
- Silver-palladium crown-root inlay combined
- Silver-palladium crown-root inlay combined Stage I
- Silver-palladium crown-root inlay combined Stage II
- Reinforcement of a denture with an arch
- Reinforcement of a denture with a steel mesh
- Reinforcement of a denture with a gold-plated mesh
- Overdenture on telescopic crowns Stage I
- Overdenture on telescopic crowns Stage II
- ASC bracket
- Face-bow examination and placement in articulator
- Acrylic microdenture
- 1 arch MOCK UP
- 1 point MOCK UP
- Visualisation of prosthodontic treatment on a model



- Follow-up visit in the course of treatment with fixed braces with non-ligature Damon brackets – 1 arch
- One wire arch of fixed braces metal and crystal brackets
- One wire arch of fixed braces metal and crystal brackets Stage I
- One wire arch of fixed braces metal and crystal brackets Stage II
- Multi-P braces
- Multifunctional braces Molar rotator
- Expander braces
- TWIN-BLOCK braces with a screw – modified
- TWIN-BLOCK braces with a screw – modified Stage I
- TWIN-BLOCK braces with a screw – modified Stage II
- Herbst hinge
- Herbst hinge Stage I
- Herbst hinge Stage II
- Carriere distalizer
- Guray / OBC wedging
- Fragmentary fixed braces
- Fixed braces – 2D lingual brackets 1 arch
- Replacement of a 2D lingual metal bracket
- Follow-up visit – fixed braces, 2D lingual brackets
- Braces repair, 1 arch wire replacement 2D lingual brackets
- Braces repair, 2 arch wires replacement 2D lingual brackets
- MALU appliance
- Wide-arch braces – palatal arch
- Wide-arch braces – tongue arch
- Fixed metal braces 2x4
- Orthodontic acrylic splint
- Class II corrector
- One wire arch of fixed braces individual lingual brackets
- One wire arch of fixed braces individual lingual brackets Stage I
- Wire arch replacement individual lingual brackets
- Replacement of an individual lingual bracket
- One wire arch of fixed braces individual lingual brackets Stage II
- System Benefit braces Stage I
- System Benefit braces Stage II
- Flexible orthodontic appliance
- Tooth separation procedure
- Follow-up visit in the course of treatment with fixed partial braces
- Attachment of a metal bracket
- Attachment of a crystal bracket
- Retention arch application
- Fixed aesthetic braces 2x4
- Fixed aesthetic braces 2x4 Stage I
- Fixed aesthetic braces 2x4 Stage II
- One wire arch of fixed braces nickel-free brackets
- One wire arch of fixed braces nickel-free brackets Stage I
- One wire arch of fixed braces nickel-free brackets Stage II
- Retainer arch 1 tooth
- Orthognathic treatment planning
- Plate denture for children
- Plate denture for children Stage I
- Models for diagnostic or planning purposes – orthodontist
- Plate denture for children Stage II
- Retainer arch 6 teeth

### Biological dentistry

The service is performed by dentists in outpatient Medical Facilities indicated by LUX MED with a 10% discount off the price list of the facility for the following services:

- Saliva-Check Buffer (GC) test
- Streptococcus mutans saliva concentration using Saliva-Check Mutans (GC)
- Tri Plaque ID Gel (GC) control
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET standard (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET plus (MIP PHARMA) method
- Molecular and biological assay for pathogens causing periodontitis/periimplantitis using Real-Time PCR – PET deluxe (MIP PHARMA) method
- Tooth decay infiltration – ICON (DMG)
- Minimally invasive tooth decay treatment using glass hybrid technology – EQUIA FORTE
- Application of bioactive dentin substitute – Biodentine (Septodont)
- Bioreconstruction of lost tooth tissue using ACTIVA (Pulpdent)
- Restoration of lost tooth tissue using BPA-free Gaenial
- Local application of MI VARNISH (GC) releasing bioavailable calcium, phosphate and fluoride
- Maintenance treatment using bioavailable calcium, phosphate and fluoride – GC MI Paste Plus
- Enamel remineralisation with a Tooth Mousse preparation

### Dental X-ray (medium conforming with the standard applicable in a given medical facility)

The service includes provision of the following services in outpatient Medical Facilities indicated by LUX MED, based on a referral from a dentist from these facilities, and includes the following services:

- Single tooth X-ray

and a **15% discount** off the price list of the facility:

- Panoramic X-ray

### Guarantee

The patient is provided with a 24-month guarantee for final conservative fillings used in permanent teeth. A precondition to obtaining the guarantee is to attend follow-up visits in outpatient Medical Facilities indicated by LUX MED at least once in the 12-month Agreement term or according to an individually agreed schedule, and undergo tartar and deposit removal and fluoride treatment procedures once in the 12-month Agreement term or according to an

individually agreed schedule in outpatient Medical Facilities indicated by LUX MED, compliance with dentist's recommendations, maintaining oral hygiene as instructed by the dentist and/or dental hygienist.

*Note: The guarantee does not cover conditions occurring as a result of: non-attendance at follow-up and prophylaxis visits, non-compliance with dentist's recommendations, mechanical injuries, accidents, missing posterior teeth (lack of support zones), pathological dental wear (bruxism) or other functional impairments of the masticatory apparatus, physiological bone atrophy and periodontal lesions, general co-morbidities affecting the stomatognathic system (diabetes, osteoporosis, epilepsy, history of radiotherapy and chemotherapy), or temporary fillings (e.g. provided until a prosthesis is prepared).  
The Dentistry Option II service does not cover services provided under general anaesthesia.*



## Home visits – option I

The service is limited to 3 visits within a 12-month term of the agreement and is carried out by an Emergency Physician at the Patient's place of residence if the place of residence is within the current territorial range of home visits, only in medically justified cases where the Patient is unable to get to the outpatient Medical Facility indicated by LUX MED, excluding direct life-threatening situations. Reasons making it impossible for the Patient to report to the clinic do not include, among others: inconvenient access to the clinic, the need to obtain a prescription or issue a medical certificate for sick leave.

A house call is an emergency service provided solely on the visit request day and aimed at making a diagnosis and starting treatment, whereas treatment continuation and follow-up visits take place in outpatient Medical Facilities indicated by LUX MED. In the case of a home visit, it is impossible to freely choose a physician. A house call request is accepted or refused by a medical dispatcher indicated by LUX MED based on the information provided.

The current territorial coverage of home visits can be found at [www.luxmed.pl](http://www.luxmed.pl). In cities where home visits are not provided, the Patient will be reimbursed. Details of reimbursement can be found on the above website. Reimbursement shall be considered reasonable only after the Patient has been qualified for a home visit by the dispatcher.



## Second Medical Opinion

The service provided in cooperation with WorldCare International Inc. with its registered office in Boston (Massachusetts; the U.S.) enables you to discuss your diagnosis and treatment plan with specialists collaborating with internationally recognised academic medical centres in the U.S. comprising the WorldCare Consortium, the list of which is available on the website <https://www.worldcare.com/worldcare-consortium-2/>, and to obtain a second medical opinion without leaving Poland. The opinion is issued for the following illnesses and conditions in which a diagnosis was made, injury was found or the need to perform surgical treatment or procedure was identified:

- Cancer
- Heart attack
- Coronary artery disease requiring surgery
- Coma
- Stroke
- Multiple sclerosis
- Paralysis
- Chronic obstructive pulmonary disease
- Emphysema
- Inflammatory bowel disease
- Chronic liver disease
- Renal insufficiency
- Chronic Pelvic Pain
- Diabetes
- Thrombophlebitis and embolism
- Any amputation
- Rheumatoid arthritis
- Major burns
- Sudden blindness due to sickness
- Major organ transplantation
- Neuro-degenerative disease/ Alzheimer's disease
- Deafness
- Hip and knee replacement
- Loss of speech
- Major trauma
- Parkinson's disease

Each submission falling within the above scope is comprehensively analysed in leading medical centres in the U.S. The team of specialists, on the basis of medical records as well as imaging and histopathological examination results, reviews the diagnosis and treatment plan suggested by the primary doctor of the Patient, and then presents a detailed report which may confirm the previous diagnosis and the way of treatment or recommend changing them. The report contains the description of the case, diagnosis, recommendations for further treatment, the list of questions to be discussed by the Patient with his/her physician, information on the specialist and institution issuing a second medical opinion – translated into Polish, as well as data on the latest scientific research and educational materials concerning the case. As part of the service, the Patient may, within 30 days from receiving a second medical opinion, ask additional questions referring to a given illness, the answer to which will be provided electronically. If necessary, in order to discuss the case of the Patient, there is a possibility of holding audio conference between the primary doctor and the specialist issuing a second opinion. In order to get a second medical opinion, contact WorldCare in Poland by calling 22 133 65 01.

*Note: In order to use the Medical Second Opinion service, the Patient must be eligible to receive Health Services under the Benefit Plan covering this service for an uninterrupted period of at least 90 days.*



## Insurance against medical treatment costs during travel

Insurance cover is provided for all countries in the world except for the Republic of Poland and the Insured's country of residence provided that a single stay of the Insured outside of the Republic of Poland or the Insured's country of residence does not exceed 180 days.

Insurance against medical treatment costs covers any costs essential to restore health to allow the Insured to return to the Republic of Poland or the Insured's country of residence.

The scope and amounts of Insurance:

Scope of insurance	Liability limit
Consequences of an accident (death, disability, damage to one's health)	<b>PLN 200,000</b> in the case of death <b>PLN 100,000</b> for 100% damage to one's health <b>PLN 1 000</b> for 1% damage to one's health
Treatment and assistance costs (described in the Special Terms and Conditions of Insurance) Sublimit for dental treatment costs	<b>PLN 300,000</b> <b>PLN 2000</b>
Private liability insurance against personal injury and property damage	<b>PLN 200,000</b>
<b>Travel luggage:</b>  - loss, damage or destruction  - delay in baggage delivery (at least a 4-hour delay, reimbursement of documented purchase costs for essential items incurred by the Insured)	<b>PLN 5,000</b>  <b>PLN 1,000</b>

The insurance also covers:

- risks associated with sports, including but not limited to: skiing, snowboarding, windsurfing, kitesurfing and diving without an aqualung;
- costs of treatment associated with pregnancy and complications during pregnancy until the 32nd week of pregnancy;
- exacerbations and complications of all chronic diseases;
- costs of treatment in the event of unexpected war or act of terror.

In order to join insurance against medical treatment costs during foreign travel one needs to sign up via the application form available at [www.turystyka.allianz.pl/luxmed](http://www.turystyka.allianz.pl/luxmed).

Detailed information concerning the insurance and rules regarding entering into the insurance agreement can be found in the Special Terms and Conditions of Insurance during foreign travels for LUX MED Key Customers; information for the patient available at [www.luxmed.pl](http://www.luxmed.pl).



### LUX MED Hospital Insurance - Coordination

The insurance ensures Hospital Care Coordination in case of an event causing the necessity to use the Hospital's medical services, in particular when the Insured receives a referral for hospital treatment or a planned delivery.

The support of the Hospital Care Coordination team includes the coordination of the Insured's hospitalization, among others in the following scope:

- presenting a proposal for Hospitalization and arranging a stay in accordance with the Insured's choice,
- assistance in arranging diagnostics and consultations qualifying for Hospitalization,
- monitoring of diagnostics and consultations realization by the Insured,
- coordination of medical documents circulation between the Insured and the Hospital,
- providing information on the current status of medical procedures being performed to a person authorized to receive medical information about the Insured,
- making an appointment for a follow-up visit after a stay at the Hospital,
- making appointments according to the Physician's recommendations for diagnostics or physiotherapy after Hospitalization,
- arranging Medical Transport resulting from medical indications.

Hospital Care Coordination is carried out in Hospitals indicated on the website [www.luxmed.pl/ubezpieczenia/oferta-/koordynacja-opieki-szpitalnej-dla-klienta-indywidualnego-i-korporacyjnego](http://www.luxmed.pl/ubezpieczenia/oferta-/koordynacja-opieki-szpitalnej-dla-klienta-indywidualnego-i-korporacyjnego)

The costs of services provided by Hospitals are covered by the Insured.

### 10% discount on other services offered by LUX MED and Medycyna Rodzinna

The Patient is entitled to a 10% discount on medical services, excluding dental services, offered by LUX MED Own Facilities – this applies to LUX MED and Medycyna Rodzinna facilities listed on [www.luxmed.pl](http://www.luxmed.pl). The discount is calculated from the price list available in the facility. Discounts may not be combined.

### 10% discount on medical procedures provided in PROFEMED

The Patient is entitled to a 10% discount on all medical procedures provided in PROFEMED facilities. Information about the rendered services is available on [www.profemed.pl](http://www.profemed.pl). The discount is calculated from the price list available in the facility. Discounts may not be combined.

\* Standard – commonly available and commonly used in Poland

This document in its English version is only of informative character, in case of any interpretation doubts or discrepancies between Polish and English version, the Polish one is applicable.